

The Minnesota Psychological Association cosponsors Friday Forums with Metropolitan State University Psychology Department

FIRST FRIDAY FORUM

Friday, March 2, 2018

Anatomy is Not Identity: Providing Culturally Competent Care to Transgender and Gender Diverse Patients

Cesar Gonzalez, Ph.D., LP, ABPP; Dagoberto Heredia, Jr., Ph.D.

Registration:

8:30 – 9:00 a.m.

Program:

9:00 a.m. – 12:00 p.m.

This session is at the intermediate level

*and is designed for psychologists and other
mental health professionals.*

Location:

Metropolitan State University – St. Paul Campus Auditorium
700 East Seventh St., St. Paul, MN 55106

About the Program:

This program qualifies for 3.0 continuing education credits.

Transgender and intersex patients face widespread discrimination and barriers to health care. Providers often lack proficiency in transgender-friendly practices due to limited specialized training and lack of transgender-specific training curricula. In response to these gaps in training, and to increase understanding of this increasingly visible patient population, we developed a forum focused on promoting cultural competence in transgender and intersex health. This forum aims to increase provider knowledge of transgender and intersex health, their specific needs, information and best practices for transgender friendly services.

The interactive forum will provide participants with an overview of transgender and intersex health and the barriers that inform low healthcare utilization and health disparities in this community using slideshows, video and case studies demonstrating practical strategies toward transgender friendly practice. Participants will learn about current trends in language use (e.g., pronouns, gender-inclusive terminology) and how to best support gender diverse patients who are charged with navigating complex, and at times unfriendly, medical systems. Finally, the forum will include a question and answer session during which participants can critically reflect on their past experiences with transgender and intersex patients while brainstorming ways of developing affirming practices in their respective workplace settings.

This program is at the intermediate level and is designed for interdisciplinary audiences in areas of psychiatry, psychology, social work, endocrinology, family medicine, internal medicine, plastic surgery and pediatrics.

Participants will be able to:

1. Describe gender identity development and differentiate components of gender and sexual identity from gender dysphoria;
2. Describe trajectories of care among gender diverse individuals;

3. Apply professional standards of care and guidelines to use when working with gender diverse individuals;
4. Describe strategies to optimize care and prevent ethical and legal dilemmas that are common when working clinically with gender diverse individuals and their families.

About the Presenters:

Cesar Gonzalez, Ph.D., LP, ABPP, is a board certified clinical psychologist, an advanced certified schema therapist, and an assistant professor of psychology and family medicine at Mayo Clinic. He is the Clinical Director of the Transgender and Intersex Specialty Care Clinic and serves as Associate Program Director of the Family Medicine Residency Program. He completed his research and clinical postdoctoral fellowship in human sexuality at the University of Minnesota, where he specialized in the treatment of problematic sexual behaviors, sex and relationship therapy, and transgender health; he served as faculty at the University of Minnesota Medical School's Program in Human Sexuality. He is an editorial board member of the International Journal of Transgenderism. In 2014, Dr. Gonzalez was nationally recognized by the American Board of Professional Psychology for his dedication to multiculturalism and diversity in professional psychology.

Dagoberto Heredia, Jr., Ph.D., is completing a two-year postdoctoral fellowship in the areas of primary care psychology and transgender health at Mayo Clinic, Rochester. He began his career working with LGBT and Spanish-speaking Latino communities in Kansas, Missouri, Texas, and Oklahoma. His interests include evaluating treatment outcomes for multisite CBT programs in primary care, diversity science and health, and Latino/LGBT psychology. He is co-chair to the Sexual Orientation and Gender Diversity special interest group within the National Latina/o Psychological Association and coleads the Latin American regional group within the International Psychological Network for LGBTI Issues.

Please note: You must attend the full 3-hour program to get continuing education credit for the event.

About First Friday Forums:

The Minnesota Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Minnesota Psychological Association maintains responsibility for this program and its content.

EARLY BIRD SPECIAL FEES: Register up to two weeks before the event, and receive a discount rate: Members = \$45, Non-members = \$65, Students = \$15. Registration fee includes refreshments, program materials, and CE certificate.

REGULAR REGISTRATION: Registrations received 2 weeks or less prior to the start of any Friday Forum will increase to: Members = \$55, Non-members = \$75, Students = \$25.

CONFIRMATION/CANCELLATION: Registrations are confirmed by receipt of forms on a first-come, first-served basis. You will receive an emailed confirmation of your registration. You will be notified by mail, e-mail or telephone if your selection is filled or cancelled.

ACCESSIBILITY ACCOMMODATIONS: If you need disability related accommodations, including parking, to make this event accessible, please contact the Metropolitan State University Center for Accessibility Resources, 651-793-1549, or Accessibility.Resources@metrostate.edu.



REFUND POLICY: A 100% refund will be made if the event is cancelled. Refunds, less a \$5 handling fee, will be given if a written cancellation is received at least two working days before the scheduled program begins. Transfer of fee to another program is granted if written cancellation notice is received at least one day before the program. No refund or transfer is given the day of the program.

WEATHER-RELATED CANCELLATION POLICY: On rare occasions, classes and events may be cancelled due to severe weather or other conditions. The decision to cancel events is made as early in the day as possible. If events are cancelled, an announcement is posted on the Metropolitan State Web site, www.metrostate.edu. Announcements are made on several radio stations including the following AM stations: WCCO-830, KSTP-1500, KRSI-950, KFAN-1130, KDWB 630, WWTC-1280 and the following FM stations: KQRS-92.5, KS95-94.5, KNOW-91.1. Attendees may also call the MPA office at 952-928-4657.

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Name: _____ Degree: _____ Licensure: _____

Institution/Agency: _____

Address: _____

City/State/Zip _____ Please check: ☐ Home ☐ Work

E-mail: _____

Phone: _____ Please check: ☐ Home ☐ Work Fax: _____

If you register **by** February 16, select the **Early Bird Registration** Fee: ☐ MPA member: **\$45** ☐ Non-member: **\$65** ☐ Student: **\$15**

If you register **after** February 16, select the **Regular Registration** Fee: ☐ MPA member: **\$55** ☐ Non-member: **\$75** ☐ Student: **\$25**

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or Register online @ www.mnpsych.org

Return To:

Minnesota Psychological Association

4248 Park Glen Road

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P: 952-928-4657 • F: 952-929-1318



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LOCATION: Metropolitan State St. Paul Campus Auditorium

Directions

From west: I-94 to the Mounds Boulevard (left lane) exit, straight ahead on Sixth Street one block to Maria Avenue; turn left on Maria Avenue; parking lot is on the right.

From east: I-94 to the Mounds Boulevard exit; turn right at Sixth Street to Maria Avenue; turn left on Maria Avenue; parking lot is on the right.

Bus

Bus Route: 61, 69 (Minneapolis and St. Paul); 63 (St. Paul)
These buses may have any terminal letter.

Parking

St. Paul Campus-Parking is available in a lot on Maria Avenue, directly across from the campus. The parking fee at the St. Paul Campus is \$5/day.

Handicapped-accessible parking

Contact the Metropolitan State University Center for Accessibility Resources, 651-793-1549, or Accessibility.Resources@metrostate.edu.

