Experts in gender trauma and Somali migration and mental health, many of whom also provide behavioral health services to members of these communities, will set the stage for important conversations about these topics. While research in psychology serves as the backbone of this conference, participants will be challenged to integrate that research with lived experiences as they move toward greater multicultural competence.

Target Audience: This program is designed for psychologists and other behavioral health professionals in related fields. Intermediate Level: Assumes post-doctoral education status and general familiarity with topic.

ABOUT THE PROGRAM

2020 MULTICULTURAL VIRTUAL SUMMIT:
Difficult Dialogues and Healing Conversations

Friday, November 6, 2020 | 9:00am - 4:30pm

SCHEDULE AT A GLANCE

8:50 a.m. – 9:00 a.m.  Login to Virtual Summit*
9:00 a.m. – 10:30 a.m.  Keynote
  Healing Gendered Trauma: An Intersectional and Systemic Perspective
  Alex Iantaffi, Ph.D., M.S., SEP, CST, LMFT, Stone Cox, Ph.D.
10:30 a.m. – 10:45 a.m.  Break*
10:45 a.m. – 12:15 p.m.  Difficult Dialogue
12:15 p.m. – 12:45 p.m.  Lunch Break*
12:45 p.m. – 2:15 p.m.  Keynote Panel
  Supporting the Psychological Well-Being of Refugees: Somali Community in Minnesota and Access to Mental Health
  Saida M. Abdi, Ph.D., Ahmed Hassan, MA, LPCC, Cawo M. Abdi, Ph.D.
2:15 p.m. – 2:30 p.m.  Break*
2:30 p.m. – 4:00 p.m.  Difficult Dialogue
4:00 p.m. – 4:30 p.m.  Wrap Up*

Any program changes will be posted on the MPA website. Must attend the entire conference to receive credit. No partial credits will be given.

*CE credits not awarded for these activities.

— EARN 6 HOURS OF CONTINUING EDUCATION CREDITS —
HEALING GENDERED TRAUMA: AN INTERSECTIONAL AND SYSTEMIC PERSPECTIVE

In this keynote, the presenters will highlight how rigid gender binaries are part of the legacy of settler-colonialism and cis hetero patriarchal norms that systemically impact all bodies, albeit in a range of different ways. They will address how the ways in which our bodies are gendered intersect with the ways in which we are racialized, normed and read in dominant culture and how these intersections of identities and experiences impact our mental health. Participants will be invited to reflect on their own experiences and on what might their role as mental health providers be within the context of healing from (cis)gendered trauma. Examples from both clinical practice and lived experiences will be provided to illustrate the points made in this talk. By the end of the session, participants will be more aware of how pervasive cisgenderism is, how it impacts their personal and professional lives, and how they might choose to engage with healing gendered trauma in their practices and everyday life.

Participants will be able to:

1. Define key concepts including cisgenderism, gendered trauma, gender binaries as they relate to cultural trauma, and nonbinary ways of thinking about gender.
2. Describe how gender binaries impact individuals based on historical and systemic rules and norms.
3. Explain how cisgenderism impacts the work that is done by mental health professionals and the clients that are served.
4. Apply effective interventions from the current literature and research in the field that will help clients address the gender-based trauma that has occurred, including identifying potential challenges to using these interventions with clients.

About the Keynote Speakers:

Alex Iantaffi, Ph.D., M.S., SEP, CST, LMFT, received a Ph.D. in Gender Studies from the University of Reading, UK, and is a certified sex therapist, family therapist, Somatic Experiencing® practitioner, clinical supervisor, author and scholar. They are adjunct faculty at the University of Wisconsin-Stout, chair elect for the Trans and Queer interest network of the American Association for Marriage and Family Therapy, and past Editor-in-Chief for the Journal of Sexual and Relationship Therapy. They have researched, presented and published extensively on gender, disability, sexuality, relationships, and HIV. Alex is a trans masculine, nonbinary, bi queer, disabled, Italian immigrant who lives on Dakota and Anishinaabe territories, currently known as Minneapolis. Alex is the author of various books on gender and hosts the podcast Gender Stories.

Stone Cox, Ph.D., received a master’s degree in marriage and family therapy from Syracuse University and a Ph.D. in human development and family science from Virginia Tech. They used their passion for intersectional, trauma-informed care as an assistant director of the Cultural and Community Centers at Virginia Tech and programming coordinator of the Center for Sexual and Gender Diversity at Penn State. As the current assistant director of the Office of BGLTQ Student Life at Harvard College, Stone is responsible for supervising the BGLTQ interns, overseeing student-driven programming, advising student organizations including the Queer Advisory Council, and providing campus outreach and communications.

KEYNOTE PANEL

SUPPORTING THE PSYCHOLOGICAL WELL-BEING OF REFUGEES:
SOMALI COMMUNITY IN MINNESOTA AND ACCESS TO MENTAL HEALTH

This panel brings together expertise on Somali refugee migration and mental health. The discussion provides a historical overview of Somali migration to Minnesota, while also touching on current refugee policies. The topics covered will include the history of migration and its impact on mental health related to risk and resilience of children, youth and families. Identity and settlement in the US context will also be central for this panel as this pertains to religious identity and strong community networks, acculturation, racism, and trauma.

Participants will be able to:

1. Explain the unique migration experiences of Somali refugees in Minnesota.
2. Discuss Somali culture in Minnesota and the intersection of one’s own values, beliefs, biases and assumptions.
3. Integrate knowledge of Somali refugee health concerns into their clinical practice.

About the Keynote Panel:

Saida M. Abdi, Ph.D., LICSW, received a Ph.D., Social Work/Sociology, Boston University is an assistant professor in the School of Social Work in the College of Education and Human Development at the University of Minnesota. She is a clinical social worker and an expert in refugee trauma and resilience. Dr. Abdi has worked for more than 20 years with refugee youth and families in the diaspora. Her area of focus is building individual, family, and community resilience and improving systems of care responsiveness to the needs of refugee and immigrant communities. She is the co-author of the recently published book, Mental Health Practice With Immigrant and Refugee Youth: A Socioecological Framework (APA, 2019).

Ahmed Hassan, M.A., LPC, has a master’s degree from St. Mary’s University of Minnesota and is currently a therapist and a program director at Summit Guidance Center. His experience includes providing individual, group, and play therapy. He started Summit Guidance which offers a variety of services including psychotherapy, CTSS, and ARMHS. Summit Guidance also provides school-based mental health services. Mr. Hassan worked at Community University Healthcare Center as a mental health practitioner working with immigrants and refugee clients. He provides consultation to mental health providers and agencies that are working with East African clients. He recently provided training to all of Ramsey County’s Human Services personnel. Mr. Hassan was a co-facilitator of the Imam training project run by Fairview foundations for the past two years. He is currently a doctoral candidate at Minnesota State University.

Cawo M. Abdi, Ph.D., received a Ph.D. in Sociology from the University of Sussex, United Kingdom, is an associate professor in the Department of Sociology at the University of Minnesota and a research associate at the University of Pretoria, South Africa. She is the author of the book, “Elusive Jannah: The Somali Diaspora and a Borderless Muslim Identity,” University of Minnesota Press, 2015. Cawo has conducted research on Research on refugee issues since 2000, extensive publications on this area.
**REGISTRATION FORM**

Name: ____________________________________________
Degree: __________________________________________
Licensure: ________________________________________

Institution/Agency: __________________________________________________________________________

Address: ____________________________________________________________________________________
City/State/Zip: ______________________________________________________________________________

E-mail: ______________________________________________________________________________________
Phone: ______________________________ Please check:  □ Home  □ Work
Fax: ____________________________________________________________

**MEMBER REGISTRATION FEE:**

- □ MPA or MAMFT Member* - $149.00
- □ Non-Member - $169.00
- □ Student* - $30.00

**Total Amount Enclosed:** $_________

- □ Check (made payable to MPA)  □ Visa  □ MC  □ American Express

*Your registration is subject to review. If you select the incorrect registration type, you will be asked to pay the difference.

**REFUND POLICY:** A 100% refund will be made if the event is cancelled. Refunds, less a $10 handling fee, will be given if a written cancellation is received at least five working days before the scheduled program begins. Transfer of fee to another program is granted if written cancellation notice is received at least one day before the program. No refund or transfer is given the day of the program.

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