

# MENTAL HEALTH DAY ON THE HILL

## Thursday, March 12, 2020

### Program:

8:30 a.m. – 10:00 a.m.

*This session is at the intermediate level and is designed for psychologists and other mental health professionals.*

### Location:

This event takes place at both Ewald Conference Center (1000 Westgate Drive, St. Paul, MN 55114) and the Capitol (75 Rev. Dr. Martin Luther King, Jr. Blvd., Saint Paul, MN 55155)

### About the Program:

*Continuing education credits are awarded only for the 8:30 a.m.-10 a.m. portion of the program for a total of 1.5 CE credits.*

Mental Health Day is scheduled for March 12, 2020. The day will begin with a continental breakfast and a presentation focused on didactic and skills-based training related to advocacy for psychology and the needs of the individuals we serve. The presentation will consist of: provision of information about the legislative process, information about the importance to psychology of legislative advocacy, and discussion of techniques for effective advocacy. Current legislative issues of concern to psychologists will be described, including: information about licensure proposals for Behavior Analysts, discussions underway to change Minnesota Medicaid standards for outpatient mental health services, efforts to increase reimbursement for Medical Assistance services, mental health parity, legislation to protect minors and vulnerable adults from sexual orientation change efforts, and PSYPACT. Participants will observe a demonstration of a conversation with a legislator about issues of concern to psychology. Participants will then role play a discussion with a legislator. Questions will then be taken from the audience. Prior to leaving for the Capitol, participants will complete an evaluation of the presentation. Following such completion, participants will be provided with CE certificates.

### Upon completion of this session, participants will be better able to:

1. Describe effective advocacy strategies.
2. Apply strategies through role play to become an effective advocate for psychology.

### About the Presenter:

**Trisha A. Stark, Ph.D., LP, M.P.A.; Ph.D.**, in Clinical Psychology from University of Miami. Dr. Stark also has a Master's of Public Affairs from the Humphrey school of Public Affairs at the University of Minnesota, and a certificate in leadership in health information technology from the School of Nursing at the University of Minnesota. She has a Master's of Jurisprudence in Health Law at Loyola University in Chicago. Current Professional or Work Affiliation: Private Practice and legislative advocacy for psychology, the people we serve, and to encourage electronic care coordination to improve healthcare outcomes for individuals with complex conditions including serious mental illness.

*The speaker has indicated they do not have any conflicts of interest.*

If you are interested in participating, please send your name, home address, phone, and email address to Ruth at [ruth@trishastarkphdhp.com](mailto:ruth@trishastarkphdhp.com). This information is needed to schedule legislative appointments. Please notify us by Friday, February 14 if you would like to participate.

*Please note: You must attend the full program to get 1.5 continuing education credit for the event.*

## Mental Health Day on the Hill · March 12, 2020

<b>8:30 a.m. – 8:55 a.m.</b>	Introduction and Welcome to Mental Health Day at the Capitol. <i>Willie Garrett, M.S., LP, President, Minnesota Psychological Association</i> Beyond “Schoolhouse Rocks”, How citizen needs become legislation and law. A description of the formal process and the “sausage making” that happens behind closed doors.
<b>8:55 a.m. – 9:15 a.m.</b>	Issues of interest currently before the legislature will be presented including: funding proposals to increase provider availability, information about proposed behavior analyst licensure, information about a mental health parity bill, and PSYPACT, an interstate compact to regulate telepsychology services delivered across state lines. Current state level stakeholder engagement processes to improve mental health services and delivery will be described.
<b>9:15 a.m. – 9:20 a.m.</b>	Continuation of issues of interest currently before the legislation.
<b>9:20 a.m. – 9:35 a.m.</b>	Tools for advocacy: building relationships with legislators and engaging in stakeholder policy change. Talking to legislators about issues of concern. Role-play demonstration of how to talk with lawmakers.
<b>9:35 a.m. – 9:45 a.m.</b>	Participants will have the opportunity to practice advocacy skills through roleplays simulating discussions with legislators.
<b>9:45 a.m. – 9:55 a.m.</b>	Presenters will answer participants’ questions about materials presented.
<b>9:55 a.m. – 10:00 a.m.</b>	Participants will complete session evaluations and receive continuing education certificates.

**Register online @ [www.mnpsych.org](http://www.mnpsych.org)**



The Minnesota Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Minnesota Psychological Association maintains responsibility for this program and its content.



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