Clinical Issues in Adoption Through the Lifespan

About the Program:
This program qualifies for 3.0 continuing education credits.
The psychological treatment of adoptees is complex and varied across the lifespan. The “whole person in the family” will be reviewed from the perspective of the child, adolescent and adult. Much depends on the early childhood experiences of the adopted person and the environment of the adoptee before and after the adoption. International and transracial adoptees have extra factors that affect their psychological health and well-being. This program will provide a big-picture, broad overview of the psychological stress and mental health issues that affect many adoptees across the lifespan. This program will focus on snapshots of interventions for early childhood, adolescence, and adulthood. The underlying assumption is that adoption causes a type of early developmental trauma for the adoptee. This lens allows psychologists to see that adoption affects the person across the lifespan.

Participants will be able to:
1. Recognize the developmental challenges that are common to adoption.
2. Explain the importance of family cultural competency in families with transracial or international adoptions.
3. List the ways that adoption is a lifelong process for all members of the adoption triad.
4. Describe how early developmental trauma is likely to affect many adoptees.

About the Presenters:
Sharon Stein McNamara, Ed.D., LP, received her Doctor of Education from Harvard University, Graduate School of Education and has trained as a developmental psychologist and worked with families in the adoption field since 1993. Dr. Stein McNamara has worked with many adult adoptees struggling with identity issues and helped support them through search and reunion with their biological parents. Dr. Stein McNamara has a special interest in helping adolescent adoptees cope with depression and identity issues.

The speaker has indicated they do not have any conflicts of interest.

Please note: You must attend the full 3-hour program to get continuing education credit for the event.
MPA First Friday Forum • June 5, 2020

Name: ________________________________  Degree: ___________________  Licensure: ___________________

Institution/Agency: ____________________________________________________________________________

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If you register by May 29, select the Early Bird Registration Fee:  ❑ MPA member: $45  ❑ Non-member: $65  ❑ Student: $15
If you register after May 29, select the Regular Registration Fee:  ❑ MPA member: $55  ❑ Non-member: $75  ❑ Student: $25

Total Amount Enclosed: $ ___________

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All credit card fields are required

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or Register online @ www.mnpsych.org

The Minnesota Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Minnesota Psychological Association maintains responsibility for this program and its content.

LOCATION: Metropolitan State St. Paul Campus Auditorium

Directions
From west: I-94 to the Mounds Boulevard (left lane) exit, straight ahead on Sixth Street one block to Maria Avenue; turn left on Maria Avenue; parking lot is on the right.

From east: I-94 to the Mounds Boulevard exit; turn right at Sixth Street to Maria Avenue; turn left on Maria Avenue; parking lot is on the right.

Bus
Bus Route: 61, 69 (Minneapolis and St. Paul); 63 (St. Paul)
These buses may have any terminal letter.

Parking
St. Paul Campus-Parking is available in a lot on Maria Avenue, directly across from the campus. The parking fee at the St. Paul Campus is $5/day.

Handicapped-accessible parking
Contact the Metropolitan State University Center for Accessibility Resources, 651-793-1549, or Accessibility.Resources@metrostate.edu.