

# The Minnesota Psychological Association cosponsors Friday Forums with Metropolitan State University Psychology Department

## FIRST FRIDAY FORUM

### Friday, February 7, 2020

#### The Chasm: African American Men and Behavioral Health

Willie Garrett, M.S., LP, CAEP, Ed.D.

**Registration:** 8:30 – 9:00 a.m.

*This session is at the intermediate level  
and is designed for psychologists and other  
mental health professionals.*

**Location:**

Metropolitan State University – St. Paul Campus Auditorium  
700 East Seventh St., St. Paul, MN 55106

**Program:** 9:00 a.m. – 12:00 p.m.

### About the Program:

*This program qualifies for 3.0 continuing education credits.*

This program will review a brief psychological examination of African American men from a Black-Psychology perspective. The presentation will include the historical micro and macro socio-economic events that have shaped their lives as partners, workers, and family members. These events include hidden health and social justice disparities that create a “chasm” with care-givers when seeking help. In addition, the impact of ACES and Adverse Community Experiences on their adaptation and resilience will be discussed. Attendees will be able to adapt their methodology to engage Black men in psychotherapy, and how to appropriately respond to their needs when strong emotions emerge during the healing process.

**Participants will be able to:**

1. Apply principles of Black Psychology, useful for all cultural groups.
2. Recognize the hidden life barriers faced by African American men.
3. Demonstrate at least three new culturally-competent behavioral health methods.

### About the Presenters:

**Willie Garrett, M.S., LP, CAEP, Ed.D.**, received an M.S. in Counseling Psychology from Minnesota State University-Mankato and an Ed.D. in Organization Development and Training from the University of Minnesota-Twin Cities. He is a Licensed Psychologist currently working in a generalist private practice serving a diverse population of clients. He is a long-standing member of MPA who has served as the Chief Professional Officer and is currently the President-Elect. He has also served on the Multi-Cultural/Diversity, Rural and Greater, Payer, and Legislative committees, as well as the Governing Counsel and Executive Committee. Willie is the current president of the Minnesota Association of Black Psychologists and member of the National Association of Black Psychologists. He has previously worked in both managed care and non-profit behavioral health centers

*The speaker has indicated they do not have any conflicts of interest.*

***A reception will follow the event honoring Tabitha Grier-Reed, Ph.D., LP,  
with the John M. Taborn Award for Outstanding Contributions to Psychology  
by a Person of African Descent.***

***Please note: You must attend the full 3-hour program to get continuing education credit for the event.***

### About First Friday Forums:

The Minnesota Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Minnesota Psychological Association maintains responsibility for this program and its content.

**EARLY BIRD SPECIAL FEES:** Register up to two weeks before the event, and receive a discount rate: Members = \$45, Non-members = \$65, Students = \$15. Registration fee includes refreshments, program materials, and CE certificate.

**REGULAR REGISTRATION:** Registrations received 2 weeks or less prior to the start of any Friday Forum will increase to: Members = \$55, Non-members = \$75, Students = \$25.

**CONFIRMATION/CANCELLATION:** Registrations are confirmed by receipt of forms on a first-come, first-served basis. You will receive an emailed confirmation of your registration. You will be notified by mail, e-mail or telephone if your selection is filled or cancelled.

**ACCESSIBILITY ACCOMMODATIONS:** If you need disability related accommodations, including parking, to make this event accessible, please contact the Metropolitan State University Center for Accessibility Resources, 651-793-1549, or Accessibility.Resources@metrostate.edu.



**REFUND POLICY:** A 100% refund will be made if the event is cancelled. Refunds, less a \$5 handling fee, will be given if a written cancellation is received at least two working days before the scheduled program begins. Transfer of fee to another program is granted if written cancellation notice is received at least one day before the program. No refund or transfer is given the day of the program.

**WEATHER-RELATED CANCELLATION POLICY:** On rare occasions, classes and events may be cancelled due to severe weather or other conditions. The decision to cancel events is made as early in the day as possible. If events are cancelled, an announcement is posted on the Metropolitan State Web site, www.metrostate.edu. Announcements are made on several radio stations including the following AM stations: WCCO-830, KSTP-1500, KRSI-950, KFAN-1130, KDWB 630, WWTC-1280 and the following FM stations: KQRS-92.5, KS95-94.5, KNOW-91.1. Attendees may also call the MPA office at 952-928-4657.

# MPA First Friday Forum • February 7, 2020

Name: \_\_\_\_\_ Degree: \_\_\_\_\_ Licensure: \_\_\_\_\_

Institution/Agency: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip \_\_\_\_\_ Please check:  Home  Work

E-mail: \_\_\_\_\_

Phone: \_\_\_\_\_ Please check:  Home  Work Fax: \_\_\_\_\_

If you register **by** January 31, select the **Early Bird Registration** Fee:  MPA member: **\$45**  Non-member: **\$65**  Student: **\$15**

If you register **after** January 31, select the **Regular Registration** Fee:  MPA member: **\$55**  Non-member: **\$75**  Student: **\$25**

Total Amount Enclosed: \$ \_\_\_\_\_

Check (made payable to MPA)  Visa  MC  American Express

All credit card fields are required

Card Number: \_\_\_\_\_ Exp. date: \_\_\_\_\_ Security Code: \_\_\_\_\_

Cardholder Name (print): \_\_\_\_\_

Cardholder Signature: \_\_\_\_\_

Credit card billing address:  Same as above

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Please do not email credit card information. Fax or mail your registration form to protect this information.

**or Register online @ [www.mnpsych.org](http://www.mnpsych.org)**

## Return To:

### Minnesota Psychological Association

4248 Park Glen Road

Minneapolis, MN 55416

P: 952-928-4657 • F: 952-929-1318



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## LOCATION: Metropolitan State St. Paul Campus Auditorium

### Directions

**From west:** I-94 to the Mounds Boulevard (left lane) exit, straight ahead on Sixth Street one block to Maria Avenue; turn left on Maria Avenue; parking lot is on the right.

**From east:** I-94 to the Mounds Boulevard exit; turn right at Sixth Street to Maria Avenue; turn left on Maria Avenue; parking lot is on the right.

### Bus

**Bus Route:** 61, 69 (Minneapolis and St. Paul); 63 (St. Paul)  
These buses may have any terminal letter.

### Parking

St. Paul Campus-Parking is available in a lot on Maria Avenue, directly across from the campus. The parking fee at the St. Paul Campus is \$5/day.

### Handicapped-accessible parking

Contact the Metropolitan State University Center for Accessibility Resources, 651-793-1549, or [Accessibility.Resources@metrostate.edu](mailto:Accessibility.Resources@metrostate.edu).

