

The Minnesota Psychological Association cosponsors Friday Forums with Metropolitan State University Psychology Department

FIRST FRIDAY FORUM

Friday, November 1, 2019

Climate Change and Health: Research, Issues and Implications for Psychology

Christie Manning, Ph.D.; Michael Menzel, M.D.; Richard Sethre, Psy.D., LP

Registration:

8:30 – 9:00 a.m.

Program:

9:00 a.m. – 12:00 p.m.

*This session is at the intermediate level
and is designed for psychologists and other
mental health professionals.*

Location:

Metropolitan State University – St. Paul Campus Auditorium
700 East Seventh St., St. Paul, MN 55106

About the Program:

This program qualifies for 3.0 continuing education credits.

This presentation will review research about psychological and medical concerns regarding climate change, and how this information can inform psychological services for people with presenting concerns related to climate change. Until recently, many people have thought of climate change as an abstract concept, with uncertain costs from potential events that seem remote from their daily life, both in time and distance. Recent weather catastrophes and research findings are making climate change more immediate and salient for many people, resulting in new terms such as “climate anxiety” and “future despair.” Psychologists will be increasingly called upon to help people affected by, or fearing the potential affects, of climate change. This presentation will provide information and resources that can inform psychologists serving people affected by climate change.

Participants will be able to:

1. Identify how the medical and psychological effects of climate change affect people’s sense of place, emotional and behavioral responses, and coping resources.
2. Describe the psychological impact of climate change on vulnerable populations, such as those with mental illness, medical fragility, poverty, and societal marginalization.
3. Apply the guidelines for responding to climate change issue in therapy.

Please note: You must attend the full 3-hour program to get continuing education credit for the event.

About the Presenters:

Christie Manning, Ph.D., has a Bachelor’s degree in Human Factors Engineering from Tufts University and a Ph.D. in Cognitive and Biological Psychology from the University of Minnesota. She teaches in the department of Environmental Studies at Macalester College in St. Paul, Minnesota. Dr. Manning’s recent publications include a 2018 edited volume, *Psychology and Climate Change*, a 2017 review article in the journal *Science*, “Beyond the roots of human inaction: Fostering collective effort toward ecosystem conservation,” and a 2016 academic textbook, *Psychology for Sustainability*. Her research and teaching explore the cognitive, social and situational factors that influence people’s behavioral and lifestyle choices and how these choices positively or negatively impact ecological and social systems.

Michael Menzel, M.D., graduated from the University of Minnesota Medical School and retired as an anesthesiologist at Abbott Northwestern Hospital where he created Acute Pain Service. Dr. Menzel is the Co-Founder of Health Professionals for a Healthy Climate, HPforHC.org and founder of Guatemala Surgery, a non-profit providing surgery to indigenous people of Guatemala.

Richard Sethre, Psy.D., LP, has a Doctor of Psychology degree from the University of San Diego, California, with specialization in Marriage and Family Therapy. Dr. Sethre has an independent practice with a focus on health care psychology and consulting services. He has an active social media presence. He posts regularly on his website blog about interesting, creative and controversial topics related to the practice of psychology.

The speakers have indicated they do not have any conflicts of interest.

About First Friday Forums:

The Minnesota Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Minnesota Psychological Association maintains responsibility for this program and its content.

EARLY BIRD SPECIAL FEES: Register up to one week before the event, and receive a discount rate: Members = \$45, Non-members = \$65, Students = \$15. Registration fee includes refreshments, program materials, and CE certificate.

REGULAR REGISTRATION: Registrations received one week or less prior to the start of any Friday Forum will increase to: Members = \$55, Non-members = \$75, Students = \$25.

CONFIRMATION/CANCELLATION: Registrations are confirmed by receipt of forms on a first-come, first-served basis. You will receive an emailed confirmation of your registration. You will be notified by mail, e-mail or telephone if your selection is filled or cancelled.

ACCESSIBILITY ACCOMMODATIONS: If you need disability related accommodations, including parking, to make this event accessible, please contact the Metropolitan State University Center for Accessibility Resources, 651-793-1549, or Accessibility.Resources@metrostate.edu.



REFUND POLICY: A 100% refund will be made if the event is cancelled. Refunds, less a \$5 handling fee, will be given if a written cancellation is received at least two working days before the scheduled program begins. Transfer of fee to another program is granted if written cancellation notice is received at least one day before the program. No refund or transfer is given the day of the program.

WEATHER-RELATED CANCELLATION POLICY: On rare occasions, classes and events may be cancelled due to severe weather or other conditions. The decision to cancel events is made as early in the day as possible. If events are cancelled, an announcement is posted on the Metropolitan State Web site, www.metrostate.edu. Announcements are made on several radio stations including the following AM stations: WCCO-830, KSTP-1500, KRSI-950, KFAN-1130, KDWB 630, WWTC-1280 and the following FM stations: KQRS-92.5, KS95-94.5, KNOW-91.1. Attendees may also call the MPA office at 952-928-4657.

MPA First Friday Forum • November 1, 2019

Name: _____ Degree: _____ Licensure: _____

Institution/Agency: _____

Address: _____

City/State/Zip _____ Please check: Home Work

E-mail: _____

Phone: _____ Please check: Home Work Fax: _____

If you register **by** October 25, select the **Early Bird Registration** Fee: MPA member: **\$45** Non-member: **\$65** Student: **\$15**

If you register **after** October 25, select the **Regular Registration** Fee: MPA member: **\$55** Non-member: **\$75** Student: **\$25**

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Check (made payable to MPA) Visa MC American Express

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Please do not email credit card information. Fax or mail your registration form to protect this information.

or Register online @ www.mnpsych.org

Return To:

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4248 Park Glen Road

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LOCATION: Metropolitan State St. Paul Campus Auditorium

Directions

From west: I-94 to the Mounds Boulevard (left lane) exit, straight ahead on Sixth Street one block to Maria Avenue; turn left on Maria Avenue; parking lot is on the right.

From east: I-94 to the Mounds Boulevard exit; turn right at Sixth Street to Maria Avenue; turn left on Maria Avenue; parking lot is on the right.

Bus

Bus Route: 61, 69 (Minneapolis and St. Paul); 63 (St. Paul)
These buses may have any terminal letter.

Parking

St. Paul Campus-Parking is available in a lot on Maria Avenue, directly across from the campus. The parking fee at the St. Paul Campus is \$5/day.

Handicapped-accessible parking

Contact the Metropolitan State University Center for Accessibility Resources, 651-793-1549, or Accessibility.Resources@metrostate.edu.

