

FRIDAY, SEPTEMBER 21, 2018
8:30 A.M. - 4:30 P.M.

MPA MINNESOTA MULTICULTURAL CONFERENCE: DIFFICULT DIALOGUES AND HEALING CONVERSATIONS

ABOUT THE PROGRAM

This event is designed to immerse the participant in an experience that will invite thinking deeply and broadly about the issues that behavioral health providers and clients who access behavioral health services are struggling with on a daily basis. Experts from diverse multicultural communities, many of whom also provide behavioral health services to members of these communities, will lead important conversations about current multicultural issues that integrate the daily experience in different cultural communities with the evidence base. While research in psychology serves as the backbone of this conference, participants will be challenged to integrate that research with lived experiences as they move toward greater multicultural competence.

Target Audience: This program is designed for psychologists and other behavioral health professionals in related fields.

Intermediate Level: Assumes post-doctoral education status and general familiarity with topic.

SCHEDULE AT A GLANCE

8:00 a.m. Registration*

8:30 a.m. **Opening Session**

Introductory Remarks

Bruce Bobbitt, Ph.D., LP; President, Minnesota Psychological Association

Traditional Pipe Ceremony

Richard Wright, LADC

Keynote Presentation: Persisting in the Face of Poverty

Rosie Phillips Davis (formerly Bingham), Ph.D., ABPP; 2018 President-Elect, American Psychological Association

18.5 million people live in deep poverty (below 50% of the poverty line) in the United States. The associations between poverty and indicators of behavioral, mental, and physical health are well documented by psychological research spanning several decades.

The just world hypothesis states that people believe that the world is basically fair, so people get what they deserve. Thus, some people believe that poverty is the result of personal failings and poor decision making rather than structural, systemic contributors. This presentation will highlight systemic and structural aspects of poverty and challenge the audience to consider 1) what psychology as a profession has to offer to help ameliorate poverty and 2) what each audience member can do to impact poverty.

SCHEDULE AT A GLANCE

- 10:15 a.m. Break*
- 10:30 a.m. **Difficult Dialogues:** Prominent members of culturally diverse communities will facilitate difficult dialogues among attendees. Specific issues to address will be related to challenges faced within these cultural communities particularly as they experience behavioral health challenges in their daily lives, and as they seek professional assistance with those challenges. The dialog will include an integration of lived experience with the research base in each area.
- Dialogue Facilitators:**
- Is There Room for Freedom of Conscience & Choice in Therapy Decision Making?**
Harriett Haynes, Ph.D., LP; Anesh Patel, Psy.D., LP
- When I Say 'Race' People Run: Barriers to Conversations Addressing Black and White Race Relations in America and Strategies to Overcome Them**
BraVada Garrett Akinsanya, Ph.D., LP; Jim Ayers, Ph.D., LP
- How Queer is too Queer? Engaging in Alternative Sexual Practices and Relational Structures as a Sexual or Gender Minority**
Tera Jansen, Psy.D., LP, CST; Lisa Johnson, Psy.D., LP, LMFT
- When Did It Become "Historical" Trauma?: How We Continue to Oppress Native People Through Systems and Policies**
Sierra Yazzie Asamoaa-Tutu, M.S.W., LICSW; Robert Klanderud
- 12:00 p.m. Lunch*
- 1:15 p.m. **Difficult Dialogues:** Prominent members of culturally diverse communities will facilitate difficult dialogues among attendees. Specific issues to address will be related to challenges faced within these cultural communities particularly as they experience behavioral health challenges in their daily lives, and as they seek professional assistance with those challenges. The dialog will include an integration of lived experience with the research base in each area.
- Dialogue Facilitators:**
- Black Men...Are We Really That Scary?**
Willie Garrett, Ed.D., M.S., LP, CEAP; Devon Gilchrist, MSW
- By Whose Yardstick are We Measuring Qualifications?: The Barriers of Sentences that Start with, "I'd Love to Hire More Staff of Color But..."**
PaHoua Yang, Ph.D., LICSW, LP; Alyssa Vang, Psy.D., LP
- Understanding Your White Privilege: A Foundation for Multicultural Advocacy**
Jean Chagnon, Ph.D., LP; Maggie George, M.B.A., CPCC
- Chasing the American Dream: Is it Really Worth it?**
Macarena Corral, Psy.D., LP
- 2:45 p.m. Break*
- 3:00 p.m. **Closing Plenary Session**
- Town Hall Dialogue – The Healing Heart**
Rosie Phillips Davis (formerly Bingham), Ph.D., ABPP; 2018 President-Elect, American Psychological Association
- Dr. Davis will facilitate a community conversation to bring closure to the day, moving participants to a place of healing while also reinforcing what was learned. This discussion will include integration with the relevant research base.
- Closing Ceremony – Native Women's Healing Drumming Ritual**
- 4:30 p.m. Conference Adjourns

Any program changes will be posted on the MPA website. Must attend the entire conference to receive credit. No partial credits will be given. *CE credits not awarded for these activities.

EARN 6 HOURS OF CONTINUING
EDUCATION CREDITS

PARTICIPANTS WILL BE ABLE TO

1. List what psychology as a profession has to offer to help ameliorate poverty.
2. Describe what each audience member can do to impact poverty.
3. Identify at least two challenges faced by members of multicultural communities that impact behavioral health.
4. Identify at least two challenges faced by members of multicultural communities when they seek professional assistance for behavioral health concerns.
5. Identify biases that clinicians bring into their clinical interactions when providing psychological services to members of various multicultural communities.
6. Describe at least two strategies that clinicians can use to become strong advocates for multicultural communities both within clinical settings and the world at large.
7. Describe the purpose of healing ceremonies and/or rituals in different multicultural communities.

ABOUT THE KEYNOTE SPEAKER

Rosie Phillips Davis (formerly Bingham), Ph.D., ABPP; Ph.D. in Counseling Psychology from The Ohio State University.

Current Professional or Work Affiliation: Professor of Counseling Psychology, University of Memphis and 2018 President-Elect, American Psychological Association.

Dr. Rosie Phillips Davis, currently serving the American Psychological Association (APA) as President-Elect, has served on the APA Finance Committee, APA Board of Directors, the American Psychological Foundation Board, and as past President of the Society of Counseling Psychology (APA Division 17). She served on several editorial boards, including currently on the Journal of Career Assessment; has authored numerous articles and book chapters and co-edited two books. Her

awards include the Janet E. Helms Award for Mentoring and Scholarship, Elder by the National Multicultural Conference and Summit (of which she is a Co-Founder) and Distinguished Professional Contributions to Institutional Practice for APA Award. She had two funds named in her honor at the University of Memphis: The Rosie Phillips Bingham Book Scholarship and the Dr. Rosie Phillips Bingham Emergency Student Fund. Dr. Davis currently serves on the Board of Trustees of LeMoyne-Owen College, a Historically Black College in Memphis, Tennessee. Dr. Davis is the daughter of Savannah and Jake Phillips, a former sanitation worker who participated in the 1968 Memphis sanitation strike, is married to John Davis, and is mother to Akil "Apollo" Davis who is an adjunct professor and entertainer living in New York City.

ABOUT THE FACILITATORS

- Jim Ayers, Ph.D., LP; Ph.D. in Clinical Psychology from the University of Minnesota
Current Professional or Work Affiliation: President and Co-Founder, UfaceME, Inc.
- Jean Chagnon, Ph.D., LP; Ph.D. in Counseling Psychology from The Ohio State University
Current Professional or Work Affiliation: Founder and Owner, Anamaura
- Macarena Corral, Psy.D., LP; Psy.D. in Clinical Psychology from the Minnesota School of Professional Psychology at Argosy University
Current Professional or Work Affiliation: Co-Founder, Center for Collaborative Health
- Willie Garrett, Ed.D., M.S., LP, CEAP; Ed.D. in Educational Psychology from the University of Minnesota
Current Professional or Work Affiliation: President, Minnesota Association of Black Psychologists
- BraVada Garrett Akinsanya, Ph.D., LP; Ph.D. in Clinical Psychology from Texas Tech University
Current Professional or Work Affiliation: President and CEO, Brakins Consulting & Psychological Services
- Maggie George, M.B.A, CPCC; M.B.A in Business Administration from the University of Iowa
Current Professional or Work Affiliation: Consultant, Fresh Perspectives Consulting, LLC
- Devon Gilchrist, M.S.W.; M.S.W. in Social Work from the University of Minnesota
Current Professional or Work Affiliation: Social Services Program Consultant, Minnesota Department of Human Services
- Harriett Haynes, Ph.D., LP; Ph.D. in Counseling Psychology from the University of Minnesota
Current Professional or Work Affiliation: Chair, Minnesota Psychological Association Women's Division
- Tera Jansen, Psy.D., LP, CST; Psy.D. in Counseling Psychology from the University of St. Thomas
Current Professional or Work Affiliation: Clinical Director, Natalis Counseling & Psychology Solutions White Bear Lake
- Lisa Johnson, Psy.D., LP, LMFT; Psy.D. in Clinical Psychology from Minnesota School of Professional Psychology at Argosy University
Current Professional or Work Affiliation: Co-Owner and Chief Operating Officer, Natalis Counseling & Psychology Solutions
- Robert Klanderud
Current Professional or Work Affiliation: Cultural Teacher, Nawayee Center School
- Anesh Patel, Psy.D., LP; Psy.D. in Counseling Psychology from the University of St. Thomas
Current Professional or Work Affiliation: Psychologist, Hamm Memorial Psychiatric Clinic
- Alyssa Vang, Psy.D., LP; Psy.D. in Clinical Psychology from the California School of Professional Psychology, Fresno
Current Professional or Work Affiliation: Owner, AKV Psychological & Consulting Services, LLC
- PaHoua Yang, Ph.D., LICSW, LP; Ph.D. in Counseling and Student Personnel Psychology from the University of Minnesota
Current Professional or Work Affiliation: Vice President of Wilder Community Mental Health and Wellness
- Sierra Yazzie Asamoaa-Tutu, M.S.W., LICSW; M.S.W. in Social Work from St. Catherine University
Current Professional or Work Affiliation: Healing Generations Therapist, American Indian Family Center

FRIDAY, SEPTEMBER 21, 2018

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MPA 2018 PRESIDENT'S CONFERENCE – REGISTRATION FORM

Name: _____ Degree: _____ Licensure: _____

Institution/Agency: _____

Address: _____

City/State/Zip: _____ Please check: Home Work

E-mail: _____

Phone: _____ Please check: Home Work Fax: _____

MEMBER REGISTRATION FEE:

EARLY BIRD REGISTRATION (On or before August 21)

- MPA Member - \$149
- Student - \$80
- Non-member - \$169

REGULAR REGISTRATION (After August 21)

- MPA Member - \$175
- Student - \$80
- Non-Member - \$195

EARN 6 HOURS OF
CONTINUING
EDUCATION CREDITS

Total Amount Enclosed: \$ _____

Check (made payable to MPA) Visa MC American Express

All credit card fields are required

Card Number: _____ Exp. Date: _____ Security Code: _____

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The Minnesota Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Minnesota Psychological Association maintains responsibility for the program and its contents.

FEES: Register on or before August 21, 2018 and save!

Registration includes 6 continuing education credits, a continental breakfast, lunch, and a CE certificate.

CONFIRMATION/CANCELLATION: Registrations are confirmed by receipt of forms on a first-come, first-served basis. You will not receive a written confirmation of your registration. You will be notified by mail, email or telephone only if your selection is filled or cancelled.

REFUND POLICY:

A 100% refund will be made if the event is cancelled. Refunds, less a \$10 handling fee, will be given if a written cancellation is received at least five working days before the scheduled program begins. Transfer of fee to another program is granted if written cancellation notice is received at least one day before the program. No refund or transfer is given the day of the program.



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