Committee Spotlight September, 2019

What division do you represent?

Andrea Zuellig, Ph.D., LP. I am the current chair of the MPA Ethics Committee.

Tell us more about you!

I obtained my Ph.D. in Clinical Psychology from Pennsylvania State University, and moved to Minnesota for a postdoctoral fellowship at the Minneapolis VA in Women's Health and SPMI. Currently, I work at Melrose Center (an eating disorders treatment center in St. Louis Park) as a licensed psychologist. I also am the clinical lead there for the Binge Eating Disorder program. In my spare time, I pick up Legos, play with my son, talk to my husband, and surf the internet for hypoallergenic dogs (guilty pleasure).

Perks of being in your group?

We have a great team of people with diverse specialty areas. We learn from each other and have fun doing it.



Meet Dr. Andrea Zuellig! ETHICS COMMITTEE

Who can join the division?

Members of MPA who is willing to be on call, consult, and collaborate. We request that members do not have active Board of Psychology complaints against them, and have not had disciplinary measures for prior complaints.

Self-Care tips for students?

Consider getting therapy for yourself if it won't break the bank. Graduate school is so stressful on so many levels, and it can be so helpful to get support from a professional. In addition, it is extremely helpful, if not essential, for therapists to understand what it is like to be a client.

What does your division do?

One perk of being an MPA member is free consultation with the ethics committee on ethical matters and dilemmas. We talk with the member requesting a consult on the phone, then bring it back to the committee to discuss whether there is additional information that we can provide, before following up with the member. In addition, we are always interested in ways to increase our visibility to MPA members, and enjoy educating members on the complicated world of ethics in psychology. We typically conduct several presentations a year, including at First Friday Forums, and the MPA Annual Conference, among others.

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What is your favorite memory/experience with the committee?

This past year, four of us were working on a presentation for MPA's annual conference. We made multiple dates to work on the material, but had to cancel FOUR times due to snowstorms. As luck would have it, the Twin Cities experienced a monstrous snowstorm during the conference itself, and unfortunately, two were not able to make it to present. We deemed it ironic.

How can students join your group and who do they contact? Is there a number of students you only accept?

We currently have 3 student members, and do not currently have openings. We do welcome student members, and appreciate their participation and input. We ask them to regularly attend meetings and to be our scribe/notetaker. Students do not take calls, but collaborate on group consultation on calls.

but educating members on the complicated world of ethics..."

"We enjoy

If your group was a seasoning, what would it be?

Cinnamon! We can be soothing and comforting, yet also add complexity, depth, and an unexpected zing at times. We are your reliable, go to spice. Oh, and we smell good.



Contact Dr. Zuellig at <u>azuellig@integra.net</u> if you want to know more about the Ethics committee!