

March



**WHOLE HUMAN**  
W E L L N E S S

**MPA**

**Women's Division**



## **Coffee Conversation with Rebecca Nedden, RMT, RN, BSN**

Join us for a Coffee Conversation to hear more about Rebecca, her passion for wellness, history in nursing, role as a founder of reiki practice Whole Human Wellness, and the potential of psychedelics for mental wellness.

"The depth and power of interactions with people from all walks of life, the seemingly unexplainable circumstances, and the incredible things I have seen are what characterize my passion for wellness. With a 20 year history in EMS, critical care flight transport, NICU, and varied ambulatory RN roles, I can still say that I treasure the opportunity to serve others through the nursing profession. It is an amazing gift to advocate for the moral & ethical treatment of others and I hope to continue cultivating and manifesting positive change within healthcare.

Though well-experienced in the medical field, I am continuing to learn everyday and grow not only as a nursing professional, but also as a human being: increasingly aware of unconscious connections." Rebecca will speak about her education within the Vital psychedelic facilitator training program, her interest in transpersonal psychology and the potential of psychedelics & plant medicine for mental wellness.

**Join us for a Google Meet on Wednesday, March 22  
from 1:00-1:50pm**