

FRIDAY, OCTOBER 20TH, 2017

9 A.M. - 4 P.M.

**CONTEMPORARY
ASSESSMENT**

AND TREATMENT OF

**SEXUAL
CONCERNS**



Cosponsored with the Metropolitan State University Department of Psychology

ABOUT THE PROGRAM

This program will review contemporary assessment and treatment of sexual concerns. The following topics will be covered: talking about sex in therapy, male and female sexual dysfunction, aging and sexuality, disability and sexuality, sexual orientation issues, compulsive sexual behavior (sex addiction), couples sex therapy, sexual trauma, sex after childbirth and postpartum, polyamory & alternative relationship structures.

This program will explore the assessment and treatment of common sexual concerns for couples, while teaching practical interventions; including the use of the female/male sexual response cycles, how to navigate sexual desire style differences (responsive and spontaneous desire), helping couples become an intimate sexual team while developing an independent sexual voice, and assisting couples with understanding how cultural and family rules of sexuality contribute to sexual concerns. This program will discuss the assessment and treatment of sexual trauma through the integration of interventions to release trauma in the body, address the negative cognitions that maintain core negative beliefs, and

explore how to help individuals move toward the healthy sexual relationship with themselves and others that they desire.

The presentation will include an exploration into the impact of childbirth and parenting on the sexual functioning of couples. The conversation will include a discussion of changes that can occur in the sexual and overall relationship dynamics of couples following children, as well as identification of strategies for intervening upon potential sexual difficulties encountered by parents. Additional focus will be given to the concept of consensual non-monogamy and alternative relationship structures. Concepts such as open relationships and polyamory will be discussed, as well as considerations for therapists working with individuals and/or couples with interests in non-monogamy.

Throughout the program, relevant research topics will be cited, and there will be ample time for Q & A. This program is for psychologists and other mental health professionals, and is at the intermediate level.

SCHEDULE AND AGENDA

8:30 a.m.	Registration and Continental Breakfast	1:00 p.m.	Assessing and Treating Sexual Concerns for Couples; Integrating the Treatment of the Body, Mind and Relationships When Treating Sexual Trauma - Rebekah Miller, M.A., LMFT
9:00 a.m.	Welcome and Introduction - MPA President Contemporary Methods of Assessing Female and Male Sexual Dysfunctions (<i>Problems with sexual desire, sexual arousal, orgasm, and pain</i>) - Brian Zamboni, Ph.D., LP	2:25 p.m.	Break
10:15 a.m.	Break	2:35 p.m.	Sex After Childbirth and Postpartum Consensual Non-Monogamy and Alternative Relationship Structures - Tera Jansen, Psy.D., LP
10:25 a.m.	Assessing and Treating Compulsive Sexual Behavior (<i>Sex Addiction</i>) - Brian Zamboni, Ph.D., LP	4:00 p.m.	Adjourn/pick up CE certificates
12:00 p.m.	Lunch (<i>Box lunches will be served in the New Main building adjacent to the auditorium</i>)		

METROPOLITAN STATE UNIVERSITY, St. Paul Campus auditorium, 700 East Seventh St., St. Paul, MN 55106

ABOUT THE PRESENTERS

Brian Zamboni, Ph.D., LP, is faculty in the University of Minnesota Program in Human Sexuality. He is also an AASECT certified sex therapist and in sex education as well as a board certified diplomate of the American Board of Sexology. In addition to therapy services, he teaches undergraduate and graduate courses in human sexuality and helps train medical students and other professionals. Dr Zamboni received his Ph.D. in clinical psychology from Loyola University Chicago in Chicago, Illinois.

Tera Jansen, Psy.D., LP, completed her postdoctoral fellowship at the Program in Human Sexuality, Center for Sexual Health, at the University of Minnesota and is the managing clinician at Natalis Counseling & Psychology Solutions in White Bear Lake. Dr. Jansen received her Psy.D. in Counseling Psychology from the University of St. Thomas in Minneapolis, Minnesota. In addition to providing clinical services across a wide variety of sexual health and gender concerns, Dr. Jansen is adjunct faculty at the University of Minnesota's graduate program in Integrative Behavioral Health, where she teaches courses in human sexuality and gender.

Rebekah Miller, M.A., LMFT, is a marriage and family therapist, and owner of Wellness Counseling Services. She specializes in treating trauma, relationship distress, and sexual concerns; frequently using Eye Movement Desensitization and Reprocessing (EMDR), and Somatic Experiencing (SE) in her work. She is also adjunct faculty for the MFT Graduate Program at St. Mary's University. She received her master of arts degree in marriage and family therapy from St. Mary's University in Minneapolis, Minnesota.



PARTICIPANTS WILL BE ABLE TO

1. Analyze current methods of assessing and treating sexual concerns.
2. Demonstrate how to work with clients who have a disability and sexual concerns.
3. Explain how to intervene with clients who have compulsive sexual behavior.
4. Discuss treatment of sexual trauma by integrating the treatment of the body, mind, and intimate relationships.
5. Describe common sexual concerns for couples by combining current research and education with practical interventions.
6. Discuss skills addressing changes in the sexual and relational dynamics of couples after children.
7. Discuss relationship structures that are alternatives to monogamy, and skills for speaking with clients who may have interest in consensual non-monogamy.

LOCATION

Directions

From west: I-94 to the Mounds Boulevard (left lane) exit, straight ahead on Sixth Street one block to Maria Avenue; turn left on Maria Avenue; parking ramp is on the right.

From east: I-94 to the Mounds Boulevard exit; turn right at Sixth Street to Maria Avenue; turn left on Maria Avenue; parking ramp is on the right.

Bus

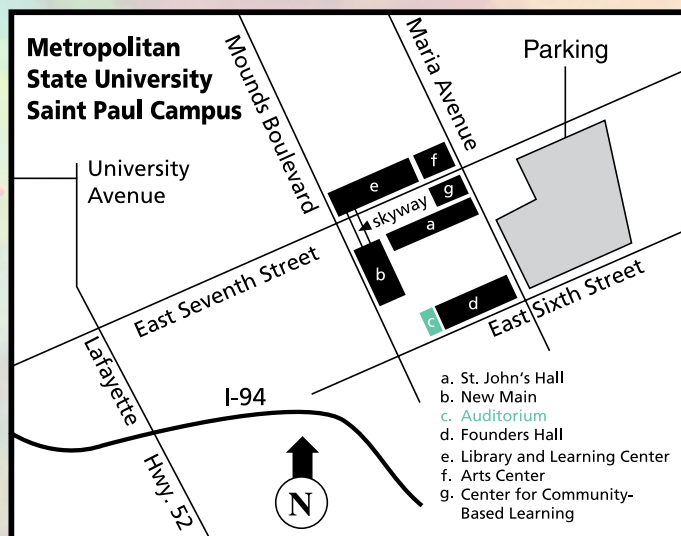
Bus Route: 61, 69 (Minneapolis and St. Paul); 63 (St. Paul)
These buses may have any terminal letter.

Parking

St. Paul Campus-Parking is available in a ramp on Maria Avenue, directly across from the campus. The parking fee at the St. Paul Campus is \$5/day.

Disability parking

Multiple disability parking spaces are available in the Metro State parking ramp.



CONTEMPORARY ASSESSMENT AND TREATMENT OF SEXUAL CONCERNS

REGISTRATION FORM: October 20, 2017

Name: _____ Degree: _____ Licensure: _____

Institution/Agency: _____

Address: _____

City/State/Zip: _____ Please check: Home Work

E-mail: _____

Phone: _____ Please check: Home Work Fax: _____

MEMBER REGISTRATION FEE:

EARLY BIRD REGISTRATION (On or before October 6)

MPA Member - \$95

Student - \$30

Non-member - \$130

REGULAR REGISTRATION (After October 6)

MPA Member - \$120

Student - \$30

Non-Member - \$155

Special dietary requests: _____

Total Amount Enclosed: \$ _____

Check (made payable to MPA) Visa MC American Express

All credit card fields are required

Card Number: _____ Exp. Date: _____ Security Code: _____

Cardholder Name (print): _____

Cardholder Signature: _____

Credit card billing address: Same as above

Address: _____

City/State/Zip: _____

Please do not email credit card information. Fax or mail your registration form to protect this information.

COMPLETE AND RETURN TO:

Minnesota Psychological Association

4248 Park Glen Road
Minneapolis, MN 55416



ENDORSED BY THE
Minnesota Psychological Association



The Minnesota Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Minnesota Psychological Association maintains responsibility for the program and its contents.

FEES: Register on or before October 6, 2017 and save!

Registration includes 6 continuing education credits, a continental breakfast, a boxed lunch, and a CE certificate.

CONFIRMATION/CANCELLATION: Registrations are confirmed by receipt of forms on a first-come, first-served basis. You will not receive a written confirmation of your registration. You will be notified by mail, email or telephone only if your selection is filled or cancelled.

REFUND POLICY: A 100% refund will be made if the event is cancelled.

Refunds, less a \$5 handling fee, will be given if a written cancellation is received at least two working days before the scheduled program begins. Transfer of fee to another program is granted if written cancellation notice is received at least one day before the program. No refund or transfer is given the day of the program.

ACCESSIBILITY ACCOMMODATIONS: If you need disability related accommodations, including parking, to make this event accessible, please contact the Metropolitan State University Center for Accessibility Resources, 651-793-1549, or Accessibility.Resources@metrostate.edu.



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