

The Minnesota Psychological Association cosponsors Friday Forums with Metropolitan State University Psychology Department

FIRST FRIDAY FORUM

Friday, June 3, 2022

Minnesota Nice and Race Relations: Engaging in Difficult Dialogue to Build Real Relationships

Yasmine Moideen, Ph.D., LP

Program:

9:00 a.m. – 12:00 p.m.

*Intermediate: Assumes post-doctoral education status
and general familiarity with topic.*

Location:

Registrants will receive a Zoom link to access the webinar online.

Attendees are encouraged to join the webinar five to ten minutes prior to the start.

ABOUT THE PROGRAM:

This program qualifies for 3.0 continuing education credits.

Minnesota Nice is characterized by being polite, friendly, mild mannered, passive aggressive. These characteristics imply polite friendliness and an aversion to open confrontation. This talk examine the cultural landscape in MN and how characteristics of MN Nice affect race relations in Minnesota (and other parts of the country and world). The research indicates that the myth of colorblindness and neutrality in relationships is not ideal for race relations. Implications for therapeutic interventions will be discussed. This is an experiential talk and participants should be prepared to have their videos on and participate in breakout rooms.

Participants will be able to:

1. Describe characteristics that are detrimental to race relations.
2. List interpersonal dynamics and therapeutic interventions that will help with race relations.
3. Explain how making personal and professional changes can help them in their practice with clients of ethnic minority backgrounds.

ABOUT THE PRESENTER:

Yasmine Moideen, Ph.D., LP, is a Clinical Child Psychologist who works at North Psychology Clinic in Brooklyn Center. She specializes in working with children and has a passion for issues related to diversity, immigration, and acculturation. Dr. Moideen received her Ph.D. from DePaul University in Clinical Child Psychology and completed internship at Children's Hospitals and Clinics. She is an active MPA member and has been chair of the Diversity Committee/Multicultural Division, helped found the MPA Child Psychology Division, and is currently president of MPA. When she is not working, you can find her on the tennis court, on a hike, or trying a new restaurant. She and her husband are empty nesters who live with their anxious cat and look forward to FaceTiming their two college age children.

PLEASE NOTE: You must attend the full program to get continuing education credit for the event.

About First Friday Forums:

The Minnesota Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Minnesota Psychological Association maintains responsibility for this program and its content.

CONFIRMATION/CANCELLATION: You will receive an emailed confirmation of your registration. You will be notified by mail, e-mail or telephone if your selection is filled or cancelled.

REFUND POLICY: A 100% refund will be made if the event is cancelled. Refunds, less a \$5 handling fee, will be given if a written cancellation is received at least two working days before the scheduled program begins. No refund or transfer is given the day of the program.



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Name: _____ Degree: _____ Licensure: _____

Institution/Agency: _____

Address: _____

City/State/Zip _____ Please check: Home Work

E-mail: _____

Phone: _____ Please check: Home Work Fax: _____

Registration is available until the event begins.

Fee: MPA member: **\$60** Non-member: **\$95** Student: **\$15** Retired-member: **\$30** (No CE Credit)*

**Retired members have the option to pay the regular member rate to receive CE credit or take advantage of the discounted price with no CE.*

Total Amount Enclosed: \$ _____

Check (made payable to MPA) Visa MC American Express

All credit card fields are required

Card Number: _____ Exp. Date: _____ Security Code: _____

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Please do not email credit card information. Fax or mail your registration form to protect this information.

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