

# The Minnesota Psychological Association cosponsors Distinguished Scholar Lectures with Macalester College's Psychology Department

## SCHOLAR LECTURE

Tuesday, June 8, 2022

Understanding the Impact of the COVID-19 Pandemic on Mental Health and Medical Outcomes

Cynthia Karlson, Ph.D.; Crystal Lim, Ph.D.; Dustin Sarver, Ph.D.

### Program:

This virtual session runs from 12:00 p.m. until 1:00 p.m.

*This presentation is designed for psychologists, other mental health professionals, and students and faculty.*

**Intermediate:** Assumes post-doctoral education status and general familiarity with topic.

### Location:

Online via Zoom, attendees will be sent a link one day prior to the session from the MPA office.

Attendees are encouraged to join the webinar five to ten minutes prior to the start.

### ABOUT THE PROGRAM:

*This program qualifies for 1 continuing education credit.*

The purpose of this symposium is to highlight the impact of COVID-19 on psychological and medical health related outcomes for children, parents, and families, including in vulnerable medical populations. Data presented will focus on the authors' state of Mississippi. Three presentations and speakers using a didactic format will present data regarding how COVID impacted the presentation of new cancer patients to specialty care (Karlson et al.), depression levels among caregivers of youth delivered in a Level-4 Neonatal Intensive Care Unit (Sarver et al.), and the mental health and psychosocial functioning of children and families among the general Mississippi population and according to rural/urban settings (Lim et al.). Following presentations, presenters will synthesize the findings and provide specific recommendations for continued research, clinical, and public health responses in addressing the psychological and physical health of children. An open discussion will follow presentations.

#### Participants will be able to describe:

1. The psychosocial impact of COVID-19 on children and families throughout the state of Mississippi.
2. The impact of COVID-19 on the presentation of new cancer patients to the Children's of Mississippi Center for Cancer and Blood Disorders and Emergency Department during the first four months of COVID-19.
3. The impact of COVID-19 on caregivers of infants in the NICU, who are already at higher risk for perinatal mood and anxiety disorders.

### ABOUT THE PRESENTERS:

**Cynthia Karlson Ph.D., LP**, completed her Ph.D. in clinical health psychology from the University of Kansas. She completed her pre-doctoral internship and post-doctoral fellowship at the University of Mississippi Medical Center (UMMC) in Jackson, MS. Dr. Karlson's clinical interests include psychosocial adjustment and neurocognitive concerns of children with cancer and sickle cell disease. Her research program focuses on chronic pain and sleep disturbance in children with chronic medical conditions. Other research projects include examining brief neurocognitive screening tools in children with cancer and examining the longitudinal trajectory of psychosocial adjustment in families of children with cancer and sickle cell disease.

**Crystal Lim, Ph.D., LP**, is an Associate Professor in the Division of Psychology, Department of Psychiatry and Human Behavior at the University of Mississippi Medical Center (UMMC). Dr. Lim's research and clinical interests are in pediatric psychology, with specific interest in pediatric obesity and weight management treatments. She is a licensed clinical psychologist and board certified in Clinical Child and Adolescent Psychology. Dr. Lim currently provides psychological services in the UMMC Pediatric Weight Management and serves as the clinic's Assistant Director. Dr. Lim is also the Training Director of the UMMC Psychology Internship Training Program. Her current research focuses on developing and evaluating behavioral family weight management interventions for youth who are overweight and obese and their parents. Additionally, Dr. Lim is interested in health disparities and how rurality and other

**PLEASE NOTE:** You must attend the full program to get continuing education credit for the event.

### About First Friday Forums:

The Minnesota Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Minnesota Psychological Association maintains responsibility for this program and its content.

**CONFIRMATION/CANCELLATION:** You will receive an emailed confirmation of your registration. You will be notified by mail, e-mail or telephone if your selection is filled or cancelled.

**REFUND POLICY:** A 100% refund will be made if the event is cancelled. Refunds, less a \$5 handling fee, will be given if a written cancellation is received at least two working days before the scheduled program begins. No refund or transfer is given the day of the program.



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cultural factors impact the effectiveness of pediatric weight management interventions and child and family adjustment. She has published over 50 peer reviewed articles and book chapters and has received various internal and external research funding to support her clinical research and education efforts. Dr. Lim received her Ph.D. from Georgia State University in Clinical Psychology and completed her psychology internship and pediatric psychology post-doctoral training at the University of Florida.

**Dustin Sarver, Ph.D., LP**, is an Associate Professor and licensed psychologist in the Departments of Psychiatry and Human Behavior

and Pediatrics at the University of Mississippi Medical Center. He is the Director of the Child Health and Development Promotion fellowship and the child at UMMC. His primary research and clinical interests are in the area of the development of child neurodevelopmental and behavioral disorders and understanding effective interventions for these difficulties. Dr. Sarver received his Ph.D. in Clinical Psychology from the University of Central Florida.

The speakers have indicated no conflicts of interest.

Name: \_\_\_\_\_ Degree: \_\_\_\_\_ Licensure: \_\_\_\_\_

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City/State/Zip \_\_\_\_\_ Please check:  Home  Work

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**Registrations will be accepted until one day prior to the event. Walk in registrations will be accepted onsite up until the event start.**

Select Registration Fee:  Professional seeking CE certificate: **\$20**  Student seeking CE certificate: **\$5**

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