

FIRST FRIDAY FORUM | FRIDAY, JANUARY 6, 2023

9:00 A.M. - 12:00 P.M.

LGBTQ+ FAMILY BUILDING: UNIQUE CONSIDERATIONS & AFFIRMATIVE CARE

REBECCA STINSON, PH.D., ABPP

Virtual

This program qualifies for 3.0 continuing education credits

Level: Intermediate: Assumes post-doctoral education status and general familiarity with topic. It is designed for psychologists and other mental health professionals.

Location: Registrants will receive a Zoom link to access the session online

About the Program:

With developments in assisted reproductive technology and increasing numbers of individuals identifying as LGBTQ+, the number of LGBTQ+ families is rising. While there are financial and emotional considerations for any individual planning for or actively parenting, there are unique issues that LGBTQ+ people face. This training workshop will discuss the systemic variables and reproductive considerations that must be navigated during the family building journey. As clinicians who work with LGBTQ+ clients, it is imperative to understand the family building options available and have an affirmative approach to addressing the financial, psychological, reproductive, and social stressors that prospective and active LGBTQ+ parents navigate. Both case examples and review of the literature will be provided.

This program qualifies for 3.0 continuing education credits. Attendees must attend entire session to gain credit. The speaker has no conflicts of interest to report.

Participants will be able to:

1. Explain family building options available to LGBTQ+ individuals/couples.
2. Describe unique reproductive considerations for transgender and gender diverse individuals.
3. List affirming interventions to support the family building journey of LGBTQ+ individuals.
4. Apply contemporary standards of care in their own practice.

About the Presenter:

Rebecca Stinson, Ph.D., ABPP, received her Ph.D. in Counseling Psychology from the University of Iowa and is a board-certified clinical psychologist licensed in Minnesota and Iowa. Her specialty is in sexual and gender health, and she enjoys working with clients exploring identity across the lifespan. Along with providing evidence-based individual therapy, she conducts gender health evaluations as needed for medical institutions/insurance companies and occupational bodies. She has provided national and international training and consultation to mental health providers on affirmative care for LGBTQ+ individuals. As a member of the World Professional Association for Transgender Health (WPATH) she is dedicated to ongoing learning and providing care congruent with current standards of practice. She is committed to culturally competent care and integrates feminist theory into her work.

The Minnesota Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Minnesota Psychological Association maintains responsibility for this program and its content.

Accessibility Accommodations: If you need disability related accommodations to make this event accessible, please contact the Metropolitan State University Center for Accessibility Resources, 651-793-1549, or Accessibility.Resources@metrostate.edu.

CONFIRMATION/CANCELLATION: You will receive an emailed confirmation of your registration. You will be notified by mail, e-mail or telephone if your selection is filled or cancelled.

REFUND POLICY: A 100% refund will be made if the event is cancelled. Refunds, less a \$5 handling fee, will be given if a written cancellation is received at least two working days before the scheduled program begins. No refund or transfer is given the day of the program.

Register online @ <https://www.mnpsych.org/calendar-of-events> or complete the form below and fax or mail your registration to protect this information. Please do not email credit card information.

Name:

Degree:

Licensure:

Institution/Agency:

Address:

City/State/Zip:

Email:

Phone:

Registration is available until the event begins.

Fee: MPA member: \$60 Non-member: \$95 Student: \$15 Retired-member: \$30 (No CE Credit) *Retired members have the option to pay the regular member rate to receive CE credit or take advantage of the discounted price with no CE.*

Total Amount Enclosed: \$

Check (made payable to MPA) Visa MC American Express *All credit card fields are required*

Card Number:

Exp. Date:

Security Code:

Cardholder Name:

Cardholder Signature:

Credit card billing address: Same as above or write here:

MPA | 4248 Park Glen Road, Minneapolis, MN 55416

Phone: 952-928-4657 Fax: 952-929-1318 | info@mnpsych.org | Contact for accessibility information 11/08/2022