

# **2021 MPA Awards Program**

**Friday, October 1, 2021**

## **Susan T. Rydell Lifetime Achievement Award for Outstanding Contributions to Psychology**

**Richard Sethre, Psy.D., Psychologist Emeritus** began his career at Golden Valley Health Center, where he worked under supervision before licensure. GVHC provided unique opportunities to develop professional skills and program innovations under difficult circumstances. After getting licensed, he established an independent practice in Golden Valley which he maintained for 33 years. In addition to his office practice, he provided consultations in a variety of settings, including inpatient psychiatric and general medical units. He also provided consultation to a small managed-care company, Behavioral Healthcare Providers. He is most proud of his work with bariatric patients, patient with complex, treatment-resistant psychiatric problems, and being part of a team that provided crisis assessments on general medical units at Fairview Ridges Hospital. Richard retired in September 2020, due to a severe medical condition, advanced prostate cancer. He had run out of conventional treatments in the US but received a series of experimental treatments in Germany. He recently learned that his cancer is in remission. Richard now focuses on his daily practice of yoga and meditation, socializing with his wife Lulu and their friends who provided tremendous support during a very challenging last 18 months, appreciating the memories of a very rewarding career, and the daily joys of being alive.

## **Outstanding Graduate Faculty in Psychology Award**

**Consuelo E. Cavalieri, Ph.D.**, is an associate professor at the University of St. Thomas in the Graduate School of Professional Psychology. She earned her Ph.D. from the University of Wisconsin-Madison making her the first member of the Kootenai Tribe of Idaho to receive a doctorate. As an intern, Dr. Cavalieri trained at UC San Francisco's Child Trauma Research Program and served as a treating clinician on a clinical trial investigating the outcome of Child Parent Psychotherapy. While at the University of St. Thomas, Dr. Cavalieri has taught courses in human growth and development, practicum, historical foundations, psychological statistics, and diversity issues. She prioritizes critical thinking while building relationships within her classes. Dr. Cavalieri's scholarly interests include decolonizing training, indigenizing clinical practice, and strengthening attachment relationships. She is dedicated to mentoring students by recognizing the gifts and medicines they are infusing into psychology.

## **Donald G. Paterson Outstanding Undergraduate Student Award**

**Anne Marie Griebie**, Anne Marie Griebie is a first-year student in the Industrial/Organizational Psychology PhD program at the University of Minnesota. She graduated egregia cum laude from the College of St. Benedict in St. Joseph, Minnesota in May 2021 with a B.A. in psychology and a biology minor. While at the College of St. Benedict Annie was a two-year psychology department summer research fellow where she worked with Dr. Aubrey Immelman who directs the Unit for the Study of Personality in Politics (USPP), a collaborative faculty-student research program in the psychology of politics at CSB/SJU, dedicated to at-a-distance psychological assessment of presidential candidates and world leaders. In this role Annie co-authored several research reports with Dr. Aubrey Immelman, additionally she co-presented a study on Donald Trump as president at the 2020 Annual Scientific Meeting of the International Society of Political Psychology (ISPP) and presented a study of Joe Biden at the 2021 ISPP Annual Meeting. During this time Annie also held the role of assistant director and then director of undergraduate research in the USPP where she independently conducted data collection and coding procedures, supervised two junior research fellows in ongoing studies of 2020 major-party presidential nominees and trained international scholars employing Dr. Immelman's conceptual framework and research methodology. As an undergraduate Annie also served as a personality psychology teaching assistant for three semesters and a social psychology teaching assistant for one semester. Annie capped off her research program at CSB/SJU with an honors thesis titled "The Influence of Personality on Presidential Leadership Style (With a Case Study of Donald J. Trump, 45th President of the United States)," This study was selected by the CSB/SJU Office of Undergraduate Research as a "Spotlight Presentation" at the spring 2021 Scholarship Day.

## **Outstanding Early Career Psychologist Award**

**Andrea Hutchinson, Psy.D., LP**, is an innovator and leader in the mental health community with CARE Counseling's approach to outpatient mental health. CARE's mission of Building a Community to Strengthen the Community was built off the idea that rapport is a critical element of the therapeutic relationship and well supported, highly trained employees who are appreciated by their agencies can and will provide better client services and outcomes, which is naturally sustainable due to lower turn-over. This has resulted in higher retention, a fun and collaborative culture, and the ability to grow to a team of 85+ people in seven years while filling a critical need in the community. Three notable contributions to highlight. First was the development of and personal investment in CAREmore, a non-profit initiative which raises money to support the cost of books and student fees for BIPOC graduate students in counseling psychology. This initiative has raised roughly \$65,000 so far and the hope is that this small step can remove one barrier for aspiring BIPOC clinicians in Minnesota. Second, Dr. Hutchinson developed industry leading training initiatives including an hour long, weekly continuing education program at CARE for the mental health practitioners. This 52-week training goes through 12 key modules that span the entirety of outpatient mental health and is grounded in a practitioner scholar model to

refine the clinical skills and increase the competence in emerging clinicians. Finally, prior to COVID, Dr. Hutchinson and the leadership team at CARE engaged in telehealth trainings and program development for the use of telehealth to support our community with accessibility difficulties. When the pandemic hit CARE was prepared and recognized the importance of sharing these resources in our larger mental health community to help other agencies ethically transition into a telehealth driven service model throughout the pandemic. Dr. Hutchinson's intentional and highly focused approach to this mission is a part of the heartbeat of the company and she hopes to inspire the replication of this model at more organizations.

### **Outstanding Graduate Student of the Year**

**Quincy Guinadi, M.A.**, is the current student division co-chair for MPA and is in her fourth year in a counseling psychology doctoral program at Saint Mary's University of Minnesota. She is also an international student from Singapore. Quincy's scholarly interest include international students and immigrant issues, working with trauma, and leadership in psychology. She is passionate about advocating for students' rights, especially for equity in academic, training, and research opportunities among students of diverse identities and backgrounds. Quincy is extremely thankful for all her mentors in her doctorate program, clinical trainings, and the MPA governing council who were influential in the development of her leadership and advocacy skills.

### **Trisha A. Stark Community Involvement Award**

**Robert L. Karol, Ph.D., LP, ABPP-RP**, is President of Karol Neuro + Rehab Consulting providing case consulting with organizations, behavior management consultation, program development consultation, staff training and development, career management, presentations and workshops, and insurance/legal consultation. He has also been President of a group private practice, Karol Neuropsychological Services & Consulting specializing in counseling for persons with acquired brain injury and neuropsychological evaluations. He has served as Vice President of Brain Injury Services for a provider of long-term care and Director of hospital-based brain injury rehabilitation programs and Director of Psychology and Neuropsychology. He is Board Certified by ABPP as a Rehabilitation Psychologist and is Certified by ACBIS as a Certified Brain Injury Specialist Trainer. He received the Lifetime Practice Excellence Award from the APA's Rehabilitation Division in 2015 for "excellence in clinical practice and contributions to the field of rehabilitation psychology" and the Cifu Award for "distinguished contributions to the field of brain injury" from the VCU School of Medicine in 2017. In 2021 he was presented the Business of Rehabilitation Psychology Practice Award from the APA's Division 22 for "contributions in the business practice of rehabilitation psychology and in the development of rehabilitation psychologists' business acumen." He was elected to the Minnesota Academy of Medicine in 2017. He has served as Chair of the Minnesota Department of Human Services Traumatic Brain Injury Advisory Committee, member of the Minnesota Brain Injury Interagency Leadership Council, representative to the Department of Human Services Home and Community-Based Services Partners Panel, Liaison of the APA's Rehabilitation Division 22 to the Board of Professional Affairs, and Division 22 Practice Committee Co-Chair. He co-founded the Minnesota Brain Injury Association/Alliance, serving on its Board of Directors for 14 years and he is a previous Chair of the Board. He is on the Board of Trustees of the United States Brain Injury Alliance and is former Chair of its Governance Committee. He has also served on the Education Committee of Care Providers of Minnesota, the state affiliate of the American Health Care Association/National Center for Assisted Living. He has been on the Mayo Clinic TBI Model Systems Regional Advisory Council. He served on the Board of Directors of Accessible Space, Inc., the Advisory Committee of Opportunity Partners' TBI Metro Services, Minnesota Department of Human Services Neuropsychological Services Ad-Hoc Committee and its Needs of Adults with Brain Impairment Committee, Minnesota Department of Corrections Traumatic Brain Injury Expert Advisory Panel, the Supreme Court of Minnesota Board of Law Examiners Special Test Accommodation Panel, and MPA's Payor Committee, Statewide Referral Service Advisory Committee, and Hospital/Medical Psychology Committee. He has been an Adjunct Associate Professor at St Mary's University in Minneapolis and an Adjunct Professor at Argosy University. He has authored four books: [1] Neuropsychosocial Intervention: The Practical Treatment of Severe Behavioral Dyscontrol After Acquired Brain Injury published by CRC Press, [2] Overcoming Grief and Loss after Brain Injury and [3] Therapists' Guide to Grief and Loss after Brain Injury both published by Oxford University Press, and [4] Behavior Plan Workbook: How to Conceptualize and Treat Behaviors after Brain Injury published by Lash and Associates. Other publications include book chapters and peer-reviewed journal articles.

### **BraVada Garrett-Akinsanya Distinguished Elders Award for Leadership in Minnesota Psychology**

**Trisha Stark, Ph.D., LP, MPA, MJ** has been a practicing psychologist in Minnesota since 1985. During that time, she has held many leadership positions in the Minnesota Psychological Association. She is passionate about enabling psychologists to engage in advocacy for the profession, and the people served by psychology, in order to create system level change.

**Gary L. Fischler, Ph.D., ABPP.**, earned a doctorate in Clinical Psychology from the University of Minnesota in 1984 and has been licensed to practice since 1986. He is the President-Elect of the American Board of Police and Public Safety Psychology. He is a past General Chair of the International Association of Chiefs of Police (IACP) Police Psychology Services Section (PPSS). He has served as the chair of the University of Minnesota Press Advisory Board, Test Division. He is a past chair of the IACP PPSS Education Committee, Fitness-For-Duty Guidelines Committee, and Ethics Consultation Committee. He is an APA Fellow and past chair of the Ethics Committee of the MPA. Dr. Fischler's special interests relate to the interface of psychology, legal issues, and workplace concerns, and he has authored or co-authored several publications on these topics.

### **Thomas P. Carrillo Leadership in Diversity Award**

**Pahoua Yang, MSSW, PhD, LICSW, LP** is the Vice President of Community Mental Health & Wellness at the Amherst H. Wilder Foundation in St. Paul. As a clinician, she has worked with diverse client populations in multiple settings. Pahoua has served on a number of national and statewide committees and task forces aimed at advancing health equity. She currently serves on the advisory board of the University of St. Thomas Morrison Family College of Health. Pahoua is a past recipient of the University of Minnesota's Polaris Award for Health and Human Services, a National IMPACT Award from Hmong National Development, Inc., and was the 2014 National Alliance on Mental Illness (NAMI) of Minnesota Professional of the Year. Pahoua holds a Master of Science in Social Work from the University of Wisconsin-Madison and a doctorate in Educational Psychology (Counseling & Student Personnel Psychology) from the University of Minnesota. Her spare time is willingly and lovingly given over to her family and her Kindle.

### **Presidential Citation for Outstanding Contribution to Psychology**

The Minnesota Psychological Association recognizes **MPA Membership Task Force**, via Susan McPherson, Ph.D., ABPP, LP, for their invaluable work in increasing MPA membership through increased engagement and education to show the worth and value of MPA membership to current and prospective members. Their work ensures psychologists have a voice and hand in the future of psychology in Minnesota.

The Minnesota Psychological Association recognizes **Metropolitan State University**, via Susan T. Rydell, Ph.D., LP, for its contributions in the continuing education of practicing psychologists and students in the field of psychology. With their help and resources, our partnership has been able to deliver high quality continuing education to our members, which then allows us all to better serve the mental health care needs of Minnesota.

### **Presidential Medallion**

**Willie Garrett, Ed.D., M.S., LP, CAEP**, is awarded with the 2021 Presidential Medallion for his many contributions to MPA during his presidency and in his current role as Immediate Past President and involvement on several MPA committees.