# FIRST FRIDAY FORUM

Friday, October 7, 2016

Ann Masten, Ph.D., L.P.

### ORDINARY MAGIC: ADVANCES IN DEVELOPMENTAL RESILIENCE SCIENCE AND ITS APPLICATIONS

**Registration:** 8:30 – 9:00 a.m. **Program:** 9:00 a.m. – 12:00 p.m.

Location: Metropolitan State University, St. Paul Campus Auditorium 700 E. Seventh St., St. Paul, MN 55106

## **About the Program:**

This program qualifies for 3.0 continuing education credits.

This presentation will provide an update on the science of resilience in human development and implications for prevention, policy and practice. Illustrative research will focus on children and families at very high risk due to exposures of homelessness, poverty, war, and disaster. Emerging research on the neurobiology of resilience and other new horizons in resilience science will be highlighted. Ageneral resilience framework for practice will be presented.

### Participants will:

- 1. Define and analyze resilience from a developmental systems perspective at the level of individual and family.
- 2. Identify protective processes indicated by research on resilience in children.
- 3. Apply a resilience framework tailored to their own practices.

### **About the Presenter:**

Ann Masten, Ph.D., L.P., is a Regents Professor of Child Development and Irving B. Harris Professor in the Institute of Child Development at the University of Minnesota. Her research is focused on understanding risk and resilience in human development with the goal of informing practice and policies designed to prevent or mitigate risk and promote healthy life span development. She is a past-president of the Society for Research in Child Development and Division 7 (Developmental) of the American Psychological Association (APA), and currently co-chairs the U.S. National Academies Forum on Investing in Young Children Globally. She is a recipient of APA's Bronfenbrenner Award for Lifetime Contributions to Developmental Psychology in the Service of Science and Society and author of the 2014 book, Ordinary Magic: Resilience in Development, as well as many journal articles. She received her Ph. D. in Clinical Psychology from the University of Minnesota in 1982.

Please note: You must attend the full 3-hour program to get continuing education credit for the event.

# About First Friday Forums:

## Friday Forums cosponsored with Metropolitan State University Psychology Department

The Minnesota Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Minnesota Psychological Association maintains responsibility for this program and its content.

**EARLY BIRD SPECIAL FEES:** *Register up to two weeks before the event,* and receive a discount rate: Members = \$45, Non-members = \$65, Students = \$15. Registration fee includes refreshments, program materials, and CE certificate.

**REGULAR REGISTRATION:** Registrations received 2 weeks or less prior to the start of any Friday Forum will increase to: Members = \$55, Non-members = \$75, Students = \$25.

**CONFIRMATION/CANCELLATION:** Registrations are confirmed by receipt of forms on a first-come, first-served basis. You will not receive a written confirmation of your registration. You will be notified by mail, e-mail or telephone only if your selection is filled or cancelled.

**ACCESSIBILITY ACCOMMODATIONS:** If you need disability related accommodations, including parking, to make this event accessible, please contact the Metropolitan State University Center for Accessibility Resources, 651-793-1549, or Accessibility.Resources@metrostate.edu.



**REFUND POLICY:** A 100% refund will be made if the event is cancelled. Refunds, less a \$5 handling fee, will be given if a written cancellation is received at least two working days before the scheduled program begins. Transfer of fee to another program is granted if written cancellation notice is received at least one day before the program. No refund or transfer is given the day of the program.

**WEATHER-RELATED CANCELLATION POLICY:** On rare occasions, classes and events may be cancelled due to severe weather or other conditions. The decision to cancel events is made as early in the day as possible. If events are cancelled, an announcement is posted on the Metropolitan State Web site, www. metrostate.edu. Announcements are made on several radio stations including the following AM stations: WCCO-830, KSTP-1500, KRSI-950, KFAN-1130, KDWB 630, WWTC-1280 and the following FM stations: KQRS-92.5, KS95-94.5, KNOW-91.1. Attendees may also call the MPA office at 952.564.3048.

# **MPA First Friday Forum · October 7, 2016**

# Note lower registration fees for 2016!

Name:	Degree:	Licensure:
	Plea	se check: 🖵 Home 🖵 Work
E-mail:		
		<sup>-</sup> ax:
If you register by September 23 sel	ect the Early Bird Registration Fee: 🖵 MP/	A member: <b>\$45</b> 🖵 Non-member: <b>\$65</b> 🖵 Student: <b>\$15</b>
If you register <i>after</i> September 23,	select the <b>Regular Registration</b> Fee: $oldsymbol{\square}$ MP,	A member: \$55 🖵 Non-member: \$75 🖵 Student: \$25
Total Amount Enclosed: \$		
☐ Check (made payable to MPA) ☐ All credit card fields are required	☑ Visa ☑ MC ☑ American Express	
Card Number	Exp. date	Security Code
Cardholder Name (print)		
Credit card billing address: $\square$ Sam	ne as above	
Address:		
Please do not email credit card information	n. Fax or mail your registration form to protect this	information.

# or Register online @ www.mnpsych.org

#### **Return To:**

Minnesota Psychological Association

5353 Wayzata Blvd. Suite 350 Minneapolis, MN 55416 P: 952.564.3048 • F: 952.252.8096



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## LOCATION: Metropolitan State St. Paul Campus Auditorium

### **Directions**

**From west:** I-94 to the Mounds Boulevard (left lane) exit, straight ahead on Sixth Street one block to Maria Avenue; turn left on Maria Avenue; parking lot is on the right.

**From east:** I-94 to the Mounds Boulevard exit; turn right at Sixth Street to Maria Avenue; turn left on Maria Avenue; parking lot is on the right.

#### Bus

**Bus Route:** 61, 69 (Minneapolis and St. Paul); 63 (St. Paul) These buses may have any terminal letter.

#### Parking

St. Paul Campus-Parking is available in a lot on Maria Avenue, directly across from the campus. The parking fee at the St. Paul Campus is \$5/day.

### Handicapped-accessible parking

Contact the Metropolitan State University Center for Accessibility Resources, 651-793-1549, or Accessibility.Resources@metrostate.edu.

