

FIRST FRIDAY FORUM

Friday, November 4, 2016

Marti Erickson, Ph.D.

ATTACHMENTS PAST & PRESENT: UPDATES AND INSIGHTS

Registration: 8:30 – 9:00 a.m.

Program: 9:00 a.m. – 12:00 p.m.

About the Program:

This program qualifies for 3.0 continuing education credits.

In this interactive presentation, Dr. Marti Erickson draws on more than 40 years of research on attachment, including the groundbreaking Minnesota longitudinal study led by professors Byron Egeland, Alan Sroufe and others; 30 years of implementing and evaluating attachment-based interventions with high-risk parents and children; and extensive experience using media to inform and support parents. Dr. Erickson focuses on the role of attachment in human development and factors shown to influence the quality of parent-child attachment, practice implications of attachment research, and the importance of reflective practice. Dr. Erickson includes findings for culturally diverse families facing various kinds of risk, including premature birth, maternal depression, and parental history of abuse. Finally, Dr. Erickson explores how current trends may be working for or against optimal attachment among parents and children today and how professionals can address some of those trends in practice and advocacy.

Participants will:

1. Discuss major patterns of parent-infant attachment and how those patterns typically develop.
2. Describe what is meant by a parent's "state of mind" about remembered attachment and how that has been linked to that parent's likely responses to his or her children's emotional needs.
3. Apply at least one new insight or practical idea about how attachment research relates to your practice.

Please note: You must attend the full 3-hour program to get continuing education credit for the event.

Location: Metropolitan State University,
St. Paul Campus Auditorium
700 E. Seventh St., St. Paul, MN 55106

4. Identify at least two examples of recent societal changes or parenting trends that could have an impact on quality of parent-child attachment.

About the Presenter:

In a long career at the University of Minnesota, **Dr. Marti Erickson** served as founding director of the Children, Youth & Family Consortium and director of the Irving B. Harris Training Programs, where she co-led the development of the Infant/Early Childhood Mental Health Certificate program. Marti also was adjunct full professor in the Institute of Child Development and department of Family Social Science. She earned her Ph.D. in 1984 from the University of Minnesota in Educational Psychology. In 1986, Marti and colleague Byron Egeland, with funding from NIMH, developed and evaluated STEEP™ (Steps Toward Effective, Enjoyable Parenting), an attachment-based preventive intervention for parents and babies at risk of developmental problems. STEEP continues to be implemented and adapted, with Marti's guidance, in many locations, including throughout Germany. Marti continues to write, speak and consult on attachment-based interventions, child abuse prevention and children's mental health throughout the U.S. and abroad. With a passion for bringing research-based information to general audiences, Marti has appeared regularly since 1995 as a child and family commentator on KARE-TV news (NBC). Since 2006, Marti and her daughter, Dr. Erin Erickson, also have hosted a weekly parenting show, *Mom Enough*®, available for listening or downloading at www.momenough.com.

About First Friday Forums:

Friday Forums cosponsored with Metropolitan State University Psychology Department

The Minnesota Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Minnesota Psychological Association maintains responsibility for this program and its content.

EARLY BIRD SPECIAL FEES: Register up to two weeks before the event, and receive a discount rate: Members = \$45, Non-members = \$65, Students = \$15. Registration fee includes refreshments, program materials, and CE certificate.

REGULAR REGISTRATION: Registrations received 2 weeks or less prior to the start of any Friday Forum will increase to: Members = \$55, Non-members = \$75, Students = \$25.

CONFIRMATION/CANCELLATION: Registrations are confirmed by receipt of forms on a first-come, first-served basis. You will not receive a written confirmation of your registration. You will be notified by mail, e-mail or telephone only if your selection is filled or cancelled.

ACCESSIBILITY ACCOMMODATIONS: If you need disability related accommodations, including parking, to make this event accessible, please contact the Metropolitan State University Center for Accessibility Resources, 651-793-1549, or Accessibility.Resources@metrostate.edu.



REFUND POLICY: A 100% refund will be made if the event is cancelled. Refunds, less a \$5 handling fee, will be given if a written cancellation is received at least two working days before the scheduled program begins. Transfer of fee to another program is granted if written cancellation notice is received at least one day before the program. No refund or transfer is given the day of the program.

WEATHER-RELATED CANCELLATION POLICY: On rare occasions, classes and events may be cancelled due to severe weather or other conditions. The decision to cancel events is made as early in the day as possible. If events are cancelled, an announcement is posted on the Metropolitan State Web site, www.metrostate.edu. Announcements are made on several radio stations including the following AM stations: WCCO-830, KSTP-1500, KRSI-950, KFAN-1130, KDWB 630, WWTC-1280 and the following FM stations: KQRS-92.5, KS95-94.5, KNOW-91.1. Attendees may also call the MPA office at 952.564.3048.

MPA First Friday Forum • November 4, 2016

Note lower registration fees for 2016!

Name: _____ Degree: _____ Licensure: _____

Institution/Agency: _____

Address: _____

City/State/Zip _____ Please check: Home Work

E-mail: _____

Phone: _____ Please check: Home Work Fax: _____

If you register **by** October 21 select the **Early Bird Registration** Fee: MPA member: **\$45** Non-member: **\$65** Student: **\$15**

If you register **after** October 21, select the **Regular Registration** Fee: MPA member: **\$55** Non-member: **\$75** Student: **\$25**

Total Amount Enclosed: \$ _____

Check (made payable to MPA) Visa MC American Express

All credit card fields are required

Card Number: _____ Exp. date: _____ Security Code: _____

Cardholder Name (print): _____

Cardholder Signature: _____

Credit card billing address: Same as above

Address: _____

City/State/Zip: _____

Please do not email credit card information. Fax or mail your registration form to protect this information.

or Register online @ www.mnpsych.org

Return To:

Minnesota Psychological Association

5353 Wayzata Blvd. Suite 350

Minneapolis, MN 55416

P: 952.564.3048 • F: 952.252.8096



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LOCATION: Metropolitan State St. Paul Campus Auditorium

Directions

From west: I-94 to the Mounds Boulevard (left lane) exit, straight ahead on Sixth Street one block to Maria Avenue; turn left on Maria Avenue; parking lot is on the right.

From east: I-94 to the Mounds Boulevard exit; turn right at Sixth Street to Maria Avenue; turn left on Maria Avenue; parking lot is on the right.

Bus

Bus Route: 61, 69 (Minneapolis and St. Paul); 63 (St. Paul)
These buses may have any terminal letter.

Parking

St. Paul Campus-Parking is available in a lot on Maria Avenue, directly across from the campus. The parking fee at the St. Paul Campus is \$5/day.

Handicapped-accessible parking

Contact the Metropolitan State University Center for Accessibility Resources, 651-793-1549, or Accessibility.Resources@metrostate.edu.

