

# FIRST FRIDAY FORUM

Friday, December 2, 2016

Mark Sander, Psy.D., L.P.

## SCHOOL MENTAL HEALTH IN MN: WHAT WE'VE LEARNED AND WHERE WE'RE GOING

**Registration:** 8:30 – 9:00 a.m.

**Program:** 9:00 a.m. – 12:00 p.m.

**Location:** Metropolitan State University,  
St. Paul Campus Auditorium  
700 E. Seventh St., St. Paul, MN 55106

### About the Program:

*This program qualifies for 3.0 continuing education credits.*

Evidence-based practice has made considerable growth over the past 10 years in increasing effective care delivery models within the mental health profession. Yet there continue to be barriers in addressing the needs of children and youth. Providing mental health services on-site at schools can significantly decrease barriers to care for some families. The focus of this presentation will be a comprehensive overview of school mental health from both local and national perspectives. Dr. Sander will describe program designs, funding models, and outcomes. In addition, participants will learn how to better collaborate with schools through understanding school culture and cross systems issues that can affect successful collaboration. Participants will have greater understanding of how to work with school personnel in meeting the mental health needs of their clients.

### Participants will:

1. Explain the history of school mental health including program designs, funding models, and outcomes.
2. Describe the school mental health movement in Minnesota and nationally.
3. Discuss school culture and cross-system mindsets to make collaborations successful.
4. Discuss strategies for effective collaboration with schools to support mental health needs within the school setting.

### About the Presenter:

**Dr. Mark Sander, Psy.D., L.P.**, earned his doctorate from the Minnesota School of Professional Psychology in 2000. Dr. Sander is a Senior Clinical Psychologist for Hennepin County and the Director of School Mental Health for Hennepin County and the Minneapolis Public Schools. In that role, he coordinates the Minneapolis Expanded School Mental Health Program, conducts research and evaluation on the program, and provides technical assistance to the Hennepin County School Mental Health Initiative. In addition, Dr. Sander is a Visiting Scholar at Wilder Research and is a member of the Advisory Board for the Center for School Mental Health at the University of Maryland School of Medicine. Previously he was an Assistant Professor of Pediatrics at the University of Maryland School of Medicine. Dr. Sander is a certified Master Trainer in the Adverse Childhood Experiences Study and for the past three years has been providing training and consultation on developing trauma informed organizations and trauma sensitive schools. Dr. Sander has published several journal articles and book chapters on school mental health and has extensively presented on school mental health at local, state and national conferences. Dr. Sander also has a private practice in Minnetonka, MN.

*Please note: You must attend the full 3-hour program to get continuing education credit for the event.*

### About First Friday Forums:

## Friday Forums cosponsored with Metropolitan State University Psychology Department

The Minnesota Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Minnesota Psychological Association maintains responsibility for this program and its content.

**EARLY BIRD SPECIAL FEES:** Register up to two weeks before the event, and receive a discount rate: Members = \$45, Non-members = \$65, Students = \$15. Registration fee includes refreshments, program materials, and CE certificate.

**REGULAR REGISTRATION:** Registrations received 2 weeks or less prior to the start of any Friday Forum will increase to: Members = \$55, Non-members = \$75, Students = \$25.

**CONFIRMATION/CANCELLATION:** Registrations are confirmed by receipt of forms on a first-come, first-served basis. You will not receive a written confirmation of your registration. You will be notified by mail, e-mail or telephone only if your selection is filled or cancelled.

**ACCESSIBILITY ACCOMMODATIONS:** If you need disability related accommodations, including parking, to make this event accessible, please contact the Metropolitan State University Center for Accessibility Resources, 651-793-1549, or [Accessibility.Resources@metrostate.edu](mailto:Accessibility.Resources@metrostate.edu).



**REFUND POLICY:** A 100% refund will be made if the event is cancelled. Refunds, less a \$5 handling fee, will be given if a written cancellation is received at least two working days before the scheduled program begins. Transfer of fee to another program is granted if written cancellation notice is received at least one day before the program. No refund or transfer is given the day of the program.

**WEATHER-RELATED CANCELLATION POLICY:** On rare occasions, classes and events may be cancelled due to severe weather or other conditions. The decision to cancel events is made as early in the day as possible. If events are cancelled, an announcement is posted on the Metropolitan State Web site, [www.metrostate.edu](http://www.metrostate.edu). Announcements are made on several radio stations including the following AM stations: WCCO-830, KSTP-1500, KRSI-950, KFAN-1130, KDWB 630, WWTC-1280 and the following FM stations: KQRS-92.5, KS95-94.5, KNOW-91.1. Attendees may also call the MPA office at 952.564.3048.

# MPA First Friday Forum • December 2, 2016

*Note lower registration fees for 2016!*

Name: \_\_\_\_\_ Degree: \_\_\_\_\_ Licensure: \_\_\_\_\_

Institution/Agency: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip \_\_\_\_\_ Please check:  Home  Work

E-mail: \_\_\_\_\_

Phone: \_\_\_\_\_ Please check:  Home  Work Fax: \_\_\_\_\_

If you register **by** November 18 select the **Early Bird Registration** Fee:  MPA member: **\$45**  Non-member: **\$65**  Student: **\$15**

If you register **after** November 18, select the **Regular Registration** Fee:  MPA member: **\$55**  Non-member: **\$75**  Student: **\$25**

Total Amount Enclosed: \$ \_\_\_\_\_

Check (made payable to MPA)  Visa  MC  American Express

All credit card fields are required

Card Number: \_\_\_\_\_ Exp. date: \_\_\_\_\_ Security Code: \_\_\_\_\_

Cardholder Name (print): \_\_\_\_\_

Cardholder Signature: \_\_\_\_\_

Credit card billing address:  Same as above

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Please do not email credit card information. Fax or mail your registration form to protect this information.

**or Register online @ [www.mnpsych.org](http://www.mnpsych.org)**

## Return To:

### Minnesota Psychological Association

5353 Wayzata Blvd. Suite 350

Minneapolis, MN 55416

P: 952.564.3048 • F: 952.252.8096



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## LOCATION: Metropolitan State St. Paul Campus Auditorium

### Directions

**From west:** I-94 to the Mounds Boulevard (left lane) exit, straight ahead on Sixth Street one block to Maria Avenue; turn left on Maria Avenue; parking lot is on the right.

**From east:** I-94 to the Mounds Boulevard exit; turn right at Sixth Street to Maria Avenue; turn left on Maria Avenue; parking lot is on the right.

### Bus

**Bus Route:** 61, 69 (Minneapolis and St. Paul); 63 (St. Paul)  
These buses may have any terminal letter.

### Parking

St. Paul Campus-Parking is available in a lot on Maria Avenue, directly across from the campus. The parking fee at the St. Paul Campus is \$5/day.

### Handicapped-accessible parking

Contact the Metropolitan State University Center for Accessibility Resources, 651-793-1549, or [Accessibility.Resources@metrostate.edu](mailto:Accessibility.Resources@metrostate.edu).

