

# The Minnesota Psychological Association cosponsors Friday Forums with Metropolitan State University Psychology Department

## FIRST FRIDAY FORUM

Friday, March 3, 2017

Accountability in the Practice of Mental Health

Donald E. Wiger, Ph.D., LP

**Registration:** 8:30 – 9:00 a.m.  
**Program:** 9:00 a.m. – 12:00 p.m.

**Location:** Metropolitan State University  
St. Paul Campus Auditorium  
700 East Seventh St., St. Paul, MN 55106

### About the Program:

*This program qualifies for 3.0 continuing education credits.*

The goal of this program is to teach participants how to clearly and efficiently document the intake, treatment plans, progress notes and therapy outcomes in a manner that would satisfy the most discriminating auditor. Topics include: measuring and quantifying behavior, diagnostic interviewing, and writing treatment plans and progress notes. The presentation is based on Dr. Wiger's book, *The Clinical Documentation Primer*, which is used in many graduate schools. This training will also help participants save much time that is often taken after the session or at the end of the day. Most therapists do not write progress notes during the session. Their reason is often that it takes away from focusing on the client. This training will emphasize ways to write this material during sessions in a manner so that it does not take away from the session rapport and disclosure, but actually enhances these effects. This program is at the intermediate level and is designed for psychologists and other mental health providers.

#### Participants will be able to:

1. Apply specific interview techniques to maximize client information and provide adequate baseline data for outcome measurement.
2. Write measurable and objective treatment plans which clearly meet client problem areas and incorporate client strengths.
3. Discuss how to incorporate treatment plan objectives into each session and provide outcome measures.

4. Write progress notes which preserve confidentiality, validate medical necessity and clearly follow the treatment plan.
5. Explain how to integrate the above procedures into demonstrating the outcomes of therapy.

### About the Presenter:

**Donald E. Wiger, Ph.D., LP**, a Minnesota native, is a licensed psychologist with private practices in St. Paul and Anoka, Minnesota, in which he specializes in psychological evaluations in areas of neuropsychometric evaluations, ADHD, learning disabilities, developmental delays, vocational, mental health, and disability. Dr. Wiger earned his MS and Ph.D. in Psychology from New York's Fordham University, specializing in psychometrics. He also has an MS (Ed) degree in counselor education from the State University of New York. He received his BA in psychology from Roberts Wesleyan College. He taught doctoral level students for 18 years, and has been a practicum supervisor for about 15 years. He has conducted over 50 nationwide seminars in documenting psychological services since the 1990s. He has written several books on topics such as clinical documentation, practice management, clinical interviewing, psychological practice forms, and record-keeping.

**Please note: You must attend the full 3-hour program to get continuing education credit for the event.**

### About First Friday Forums:

The Minnesota Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Minnesota Psychological Association maintains responsibility for this program and its content.

**EARLY BIRD SPECIAL FEES:** Register up to two weeks before the event, and receive a discount rate: Members = \$45, Non-members = \$65, Students = \$15. Registration fee includes refreshments, program materials, and CE certificate.

**REGULAR REGISTRATION:** Registrations received 2 weeks or less prior to the start of any Friday Forum will increase to: Members = \$55, Non-members = \$75, Students = \$25.

**CONFIRMATION/CANCELLATION:** Registrations are confirmed by receipt of forms on a first-come, first-served basis. You will not receive a written confirmation of your registration. You will be notified by mail, e-mail or telephone only if your selection is filled or cancelled.

**ACCESSIBILITY ACCOMMODATIONS:** If you need disability related accommodations, including parking, to make this event accessible, please contact the Metropolitan State University Center for Accessibility Resources, 651-793-1549, or [Accessibility.Resources@metrostate.edu](mailto:Accessibility.Resources@metrostate.edu).



**REFUND POLICY:** A 100% refund will be made if the event is cancelled. Refunds, less a \$5 handling fee, will be given if a written cancellation is received at least two working days before the scheduled program begins. Transfer of fee to another program is granted if written cancellation notice is received at least one day before the program. No refund or transfer is given the day of the program.

**WEATHER-RELATED CANCELLATION POLICY:** On rare occasions, classes and events may be cancelled due to severe weather or other conditions. The decision to cancel events is made as early in the day as possible. If events are cancelled, an announcement is posted on the Metropolitan State Web site, [www.metrostate.edu](http://www.metrostate.edu). Announcements are made on several radio stations including the following AM stations: WCCO-830, KSTP-1500, KRSI-950, KFAN-1130, KDWB 630, WWTC-1280 and the following FM stations: KQRS-92.5, KS95-94.5, KNOW-91.1. Attendees may also call the MPA office at 952.564.3048.

# MPA First Friday Forum • March 3, 2017

Name: \_\_\_\_\_ Degree: \_\_\_\_\_ Licensure: \_\_\_\_\_

Institution/Agency: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip \_\_\_\_\_ Please check:  Home  Work

E-mail: \_\_\_\_\_

Phone: \_\_\_\_\_ Please check:  Home  Work Fax: \_\_\_\_\_

If you register **by** February 17, select the **Early Bird Registration** Fee:  MPA member: **\$45**  Non-member: **\$65**  Student: **\$15**

If you register **after** February 17, select the **Regular Registration** Fee:  MPA member: **\$55**  Non-member: **\$75**  Student: **\$25**

Total Amount Enclosed: \$ \_\_\_\_\_

Check (made payable to MPA)  Visa  MC  American Express

All credit card fields are required

Card Number: \_\_\_\_\_ Exp. date: \_\_\_\_\_ Security Code: \_\_\_\_\_

Cardholder Name (print): \_\_\_\_\_

Cardholder Signature: \_\_\_\_\_

Credit card billing address:  Same as above

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Please do not email credit card information. Fax or mail your registration form to protect this information.

or Register online @ [www.mnpsych.org](http://www.mnpsych.org)

## Return To:

### Minnesota Psychological Association

5353 Wayzata Blvd. Suite 350

Minneapolis, MN 55416

P: 952.564.3048 • F: 952.252.8096



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## LOCATION: Metropolitan State St. Paul Campus Auditorium

### Directions

**From west:** I-94 to the Mounds Boulevard (left lane) exit, straight ahead on Sixth Street one block to Maria Avenue; turn left on Maria Avenue; parking lot is on the right.

**From east:** I-94 to the Mounds Boulevard exit; turn right at Sixth Street to Maria Avenue; turn left on Maria Avenue; parking lot is on the right.

### Bus

**Bus Route:** 61, 69 (Minneapolis and St. Paul); 63 (St. Paul)  
These buses may have any terminal letter.

### Parking

St. Paul Campus-Parking is available in a lot on Maria Avenue, directly across from the campus. The parking fee at the St. Paul Campus is \$5/day.

### Handicapped-accessible parking

Contact the Metropolitan State University Center for Accessibility Resources, 651-793-1549, or [Accessibility.Resources@metrostate.edu](mailto:Accessibility.Resources@metrostate.edu).

